

Fill a Bag To Fill a Belly!

The MVFB distributes food to nearly 70,000 people monthly through over 150+ emergency feeding programs; food pantries, shelters and meal programs. These members serve our neighbors in 50 cities and towns throughout Massachusetts and Southern New Hampshire. This nutritious food benefits seniors, disabled people, children, veterans and working families.

Together we can make a difference and every can counts!

Most Needed Items

Peanut Butter & Jelly	Pasta & Rice	Gluten Free
Canned Fruits & Veggies	Fruit Juices	Healthy Snack Items
Healthy Snack Items	Condiments	Tuna, Seafood, Chicken
Canned Tuna & Chicken	Pasta Sauce	Pasta Sauces
Ravioli & Spaghetti O's	Cereal & Oatmeal	Baby Food & Formula

Please no open containers, packages, or expired food items.

Thank you for your generous donations!

All donations benefit the Merrimack Valley Food Bank and the hunger relief organizations that it serves!

Food Drive Start Date: ______
Food Drive End Date:



