



LET'S CAN HUNGER!

October is Hunger-Homeless Awareness Month in the City of Lowell!

Together We CAN Make a Difference!

Most Wanted Items

Peanut Butter & Jelly

Canned Veggies & Fruit

Soups, Stews, & Chili

Pasta Sauce & Gravy

Coffee, Tea, Hot Chocolate

Shelf Stable Milk & Juice

Baby Food & Formula

Cereal & Oatmeal

Pasta & Rice

Ravioli & Spaghetti O's

Condiments & Spices

Healthy Snacks

Tuna, Chicken, Ham

Gluten Free

Personal Care Items

Please no open containers or expired food.

Food Drive Start _____ Food Drive End _____



Thank you for fighting hunger in your community!

For more information on how you can help visit

www.mvfb.org