2018-2019 ANNUAL IMPACT REPORT

Merrimack Valley Food Bank, Inc.

Est. 1991

Feeding Families Since 1991

Serving Food Pantries, Meal Programs, and Shelters
Dear Supporters and Friends,

As we enter a new decade, we marvel at the level of support that continues for our neighbors in the region. You all care as deeply as we do about the health and well-being of children, seniors and families who struggle to pay all of their expenses, and sometimes don’t have enough money to buy food.

To us, that is unacceptable. With your help and contributions of food, funds and time, we can relieve that burden of the food part of their household budgets.

We are proud to share what we have accomplished in our fiscal year 2019 – Because of YOU. Perhaps the most compelling achievement is the **2,884,615 meals** given to hungry people.

We welcomed seven new member agencies to access food from our **Food Distribution Program**.

Our **Summer Meals Program** provided 10,543 lunches and snacks for 1,500 children participating in activities throughout Lowell.

**Community Market** provided 22,185 pounds of nutritious food to 1,115 children, seniors, veterans and working families in 664 households with help of nearly 200 volunteers.

**Mobile Pantry** volunteers donated 2,740 hours of time to help deliver nutritious food to 331 homebound seniors and disabled individuals in 272 households in Greater Lowell!

We also responded to some extraordinary events last year: the September 2018 Merrimack Valley Gas Explosions and the January 2019 Government Shutdown. $20,000 was donated to respond to the shutdown and more than $45,000 was donated to respond to the gas explosions. All of these funds were used to purchase much-needed food items from a local Market Basket.

Please visit our Food Distribution center in Lowell and you will see firsthand your contributions in action. Attend one of our fundraising events, and/or volunteer. Tell your friends, family and colleagues that you help feed 64,000 people monthly through your involvement in the Food Bank!

With Warmest Regards and Appreciation,

Jimmy Good  
President

Amy L. Pessia  
Executive Director
**OUR PROGRAMS**

- **The Food Distribution Program** stores and distributes food to over 100 member agencies (like food pantries and meals programs) in more than 30 communities.

- **Operation Nourish** provides nutritious food for over 1,200 students for weekends and school vacations when they don't receive breakfast and lunch at school.

- **Community Market** offers a free farmers market at four Lowell Housing Authority properties, providing free produce and other staples to 144 households each month.

- **The Mobile Pantry** delivers groceries to more than 345 homebound seniors and individuals with disabilities, providing food and friendship.

- **The Summer Lunch** program partners with the USDA to provide over 10,000 lunches and snacks to children during July and August.

- **Food Rescue** picks up perishable foods from Lowell supermarkets and distributes them to our member agencies while they are still fresh in order to prevent food waste.
OUR PARTNERS

MVFB Member Agencies
Alternative House
Beverly SDA Comm. Food Pantry
Billerica Community Pantry
Bread & Roses
Caleb Group – Chestnut Square
Caleb Group - Sirk Building
Caleb Group - Xavier House
Calvary Kitchen
Cambodian Mutual Assistance Association
Casa Esperanza
Catholic Charities
CBA Yes
Central Food Ministry
Changing Lives Christian Church
Chelmsford Community Exchange
Christ Church United
Christ Jubilee Food Pantry
Community Action-Amesbury
Community Action-Haverhill
Community Christian Fellowship
Cor Unum Meal Center
Council on Aging
Daybreak Shelter
Dracut Food Pantry
Dwelling House of Hope
End 68 Hours of Hunger
Evangelical Church of Holiness
Full Gospel Church
Girls Inc.
God's Helping Hand
Good Samaritan Baptist Church
Great Commission Food Pantry
Greater Lawrence Community Action Council
Haitian Baptist Church
Haverhill Clubhouse
Hearts of Life
Hope Dove
House of Hope
House of Mercy
Immaculate Conception - Newburyport
Immaculate Conception - SVDP, Lowell
In Need Food Pantry
Key Program
Lawrence Hispanic S.D.A.
Lazarus House
Leap 4 Education
Leroy's Lodge
Life Connection Center
Lifelinks (Gilmore St.)
Lifelinks (Overlook Terrace)
Lifelinks (Pondview)
Living Waters
Lowell House Recovery Home
Lowell Transitional Living Center
Megan’s House
Merrimack Valley Dream Ctr. (Granite United)
Merrimack Valley YMCA
Middlesex Comm. College - Bedford
Middlesex Comm. College – Lowell
Mobile Pantry (MVFB)
Mount of Prayer Food Pantry
Neighbors In Need
New Beginnings
New Hope Community Church
North Shore Moving Market

MVFB's Community Market
Bishop Markham Village
Francis Gatehouse Mill
George W. Flanigan Development
North Common Village

MVFB's Summer Lunch
Caleb Group
Christ Jubilee
Eagle Park
Greater Lowell Technical High School
LCHC Teen Block
McPherson Park
North Canal Splash Pad
O'Donnell Splash Pad
Raymond Lord Pool
Whistler House
YWCA

*MVFB’s Operation Nourish
Bartlett School
BRIDGE Program
Cardinal O’Connell Early Learning Center
Collegiate Charter School of Lowell
Greenhalge School
Greater Lowell Technical High School
Lincoln School
Lowell High School
LHS Mill Market
McAuliffe School
Middlesex Community College
Moody School
Morey School
Mukland School
Robinson Middle School
Rogers School
Stoklosa School
Sullivan School
Washington School

*Partners List as of 6/30/2019. New members added in FY 2020 are not listed here.
3.75 MILLION POUNDS OF FOOD DISTRIBUTED

TOP 5 FOOD COMPANY DONORS (POUNDS)
WEETABIX: 35,984
SPIRIT TRANSPORT: 30,320
NORTHEAST REFRIGERATED DISTRIBUTING: 25,837
L&M BAKERY: 13,567
BIMBO BAKERY: 8,739

TOP 5 NON-FOOD COMPANY DONORS (POUNDS)
CONSTRUCTION BOSTON: 63,214
NORtheast ASSOCIATION OF REALTORS: 4,909
LOWELL CATHOLIC SCHOOL: 4,140
MERRIMACK COLLEGE: 3,593
LOWELL HIGH ROTC: 2,094

152 HUNGER RELIEF PROGRAMS SERVED

63,833 INDIVIDUALS SERVED EACH MONTH (ON AVERAGE)

FINANCIAL INFORMATION

*AUDITED FINANCIAL STATEMENTS NOT YET AVAILABLE AT TIME OF PRINTING. CURRENT 990 AVAILABLE AT: MVFB.ORG/ABOUT-US/FINANCIAL-INFORMATION

9,834 VOLUNTEER HOURS CONTRIBUTED
OUR YEAR IN PICTURES

New Van!

Greater Lowell Chamber of Commerce Mixer

Canstruction Boston

4th Miles for Meals 5K

25th Annual Golf Tournament - Honoring Chris Dick

Responding to the Merrimack Valley Gas Explosions

14th Annual Grape Expectations

GLCC Distinguished Young Professionals Luncheon
THANK YOU TO OUR DONORS!
Fidelity Charitable
Allegra Fieldsend
Ryan Fitzpatrick
Michael Flynn
Foster Sullivan Insurance Group LLC
Four Sisters Owl Diner
William and Ina Francis
W.J. & E.J. Franks
Daniel & Mary Frantz
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Brenda Gould
Richard Graham
Denis Grenier
Erin Griffin
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Christie Guthrie
Paul Haggerty
Lucinda Hammert
John Hanley
Hannaford Supermarket - Dracut
Jennifer Hansen
Harbor of Hope
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Ronald Johnson
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Mary Ledwith
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Felix J. Lin
Lion's Club of Lowell
Roger & Edith Logeman
Sally Longwell
Paul Lopilato
Lowell Firefighters Credit Union
Lowell Housing Authority
George M. Lucas
K. Meagan Lyons
Stephen Mahoney
Mahoney Oil Company
Mallards Landing Association
Richard and Mary Ellen Maloney
Robert and Cecilia Mancini
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Kenneth Wrobel
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This list reflects financial donations made between 7/1/2018 and 6/30/2019, and does not include ticket purchases or event sponsorships. We receive many donations throughout the year that help us serve our mission. We strive to be as accurate as possible for our annual report and regret if any names have not been acknowledged. Thank you to all of our supporters on every level!

<table>
<thead>
<tr>
<th>Jack Sheehy</th>
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CONTINUE TO FIGHT HUNGER!

There are many ways you can help make sure that nobody goes to bed hungry. Visit www.mvfb.org for more information, or call MVFB to schedule a tour! Here are just a few ways to stay involved this year.

- Become a member of our Stock the Shelves Club by scheduling a recurring monthly gift.
- Make a food donation or host a food drive where you work.
- Make a financial donation to help with MVFB’s mission. Every $1 provides 3 meals.
- Volunteer at our food distribution center or for one of our neighborhood food drives!
- Attend or sponsor one of MVFB’s signature events - Grape Expectations in May and the Golf Tournament in September.
- Include a gift to MVFB in your estate planning.
- Spread the word to friends, family, coworkers, and others about MVFB’s mission and the importance of the fight against hunger.
- Follow MVFB on Facebook, Twitter, and Instagram to stay informed and share our updates!
MVFB Board of Directors

Jimmy Good (Board Chair): Retired, Lowell Regional Transit Authority
Danielle McFadden (Vice Chair): Greater Lowell Chamber of Commerce
Meaghan Lally-McGurl (Treasurer): Enterprise Bank
Amanda Clermont (Secretary): Greater Lowell Health Alliance
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Susan Hannigan: Friend
Hank Houle: Retired, Chelmsford Fire Department
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Steve Mallette: New England Medical Insurance Agency
Mike McCall: Assistant Town Manager - Chelmsford
Terry McCarthy: Lowell Sun Charities
Dave Pelchat: Friend
Tara Sek: Lowell Five
Angela Strunk: Lowell General Hospital
Tony Wallace: Away From Home Sales - BoBo’s Oat Bars

MVFB Staff

Amy L. Pessia: Executive Director
Debbie Callery: Assistant Executive Director
Joanne Adamson: Bookkeeper
Tony Agrella: Warehouse Assistant
Brandon Crocker: Warehouse Assistant
Ashley Doe: Administrative Assistant
Tammie Dubois: Program Director
Roberta Emerson: Community Relations Coordinator

Deb Filippone: Program Assistant
Janet Gagnon: Administrative Assistant
Nancy Goss: Member Services Coordinator
Tony Luna: Warehouse Manager
Dennis MacDonald: Warehouse Assistant
Bobbie Maniatis: Accounts Administrator
Kelly Proulx: Development & Communications Coordinator
Leslie Ramos: Program Assistant

Contact Us

Mailing Address: P.O. Box 8638
Lowell, MA 01853
Website: www.mvfb.org

Street Address: 733-735 Broadway Street
Lowell, MA 01854
Phone: (978) 454-7272

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