

2018-2019 ANNUAL IMPACT REPORT



Serving Food Pantries, Meal Programs, and Shelters



MERRIMACK VALLEY FOOD BANK

Dear Supporters and Friends,

As we enter a new decade, we marvel at the level of support that continues for our neighbors in the region. You all care as deeply as we do about the health and well-being of children, seniors and families who struggle to pay all of their expenses, and sometimes don't have enough money to buy food.

To us, that is unacceptable. With your help and contributions of food, funds and time, we can relieve that burden of the food part of their household budgets.

We are proud to share what we have accomplished in our fiscal year 2019 – Because of YOU. Perhaps the most compelling achievement is the **2,884,615 meals** given to hungry people.

We welcomed seven new member agencies to access food from our Food Distribution Program.

Our **Summer Meals Program** provided 10,543 lunches and snacks for 1,500 children participating in activities throughout Lowell.

Community Market provided 22,185 pounds of nutritious food to 1,115 children, seniors, veterans and working families in 664 households with help of nearly 200 volunteers.

Mobile Pantry volunteers donated 2,740 hours of time to help deliver nutritious food to 331 homebound seniors and disabled individuals in 272 households in Greater Lowell!

We also responded to some extraordinary events last year: the September 2018 Merrimack Valley Gas Explosions and the January 2019 Government Shutdown. \$20,000 was donated to respond to the shutdown and more than \$45,000 was donated to respond to the gas explosions. All of these funds were used to purchase much-needed food items from a local Market Basket.

Please visit our Food Distribution center in Lowell and you will see firsthand your contributions in action. Attend one of our fundraising events, and/or volunteer. Tell your friends, family and colleagues that you help feed 64,000 people monthly through your involvement in the Food Bank!

With Warmest Regards and Appreciation,

Jimmy Good President

AmyLPessia

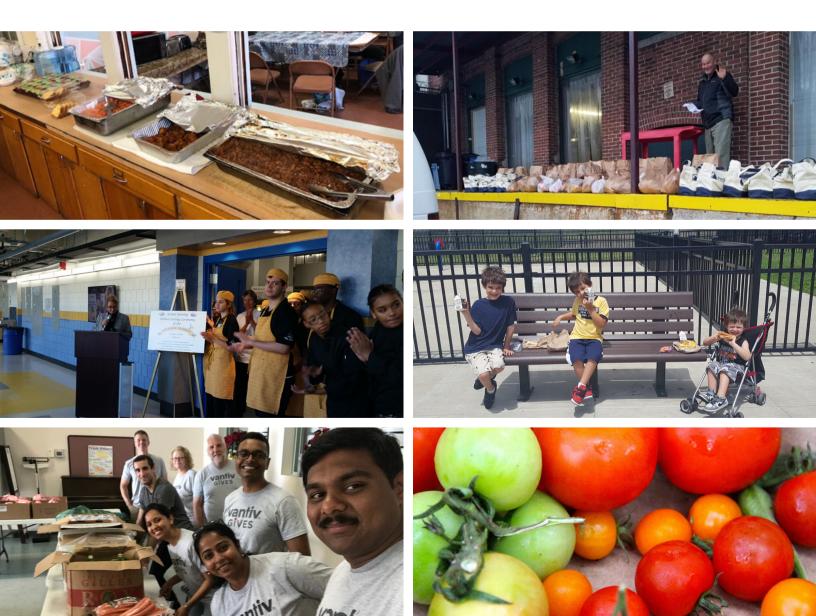
Amy L. Pessia Executive Director



OUR PROGRAMS

- The **Food Distribution Program** stores and distributes food to over 100 member agencies (like food pantries and meals programs) in more than 30 communities.
- **Operation Nourish** provides nutritious food for over 1,200 students for weekends and school vacations when they don't receive breakfast and lunch at school.
- **Community Market** offers a free farmers market at four Lowell Housing Authority properties, providing free produce and other staples to 144 households each month.

- The **Mobile Pantry** delivers groceries to more than 345 homebound seniors and individuals with disabilities, providing food and friendship.
- The **Summer Lunch** program partners with the USDA to provide over 10,000 lunches and snacks to children during July and August.
- Food Rescue picks up perishable foods from Lowell supermarkets and distributes them to our member agencies while they are still fresh in order to prevent food waste.



OUR PARTNERS*

MVFB Member Agencies

Alternative House Beverly SDA Comm. Food Pantry Billerica Community Pantry Bread & Roses Caleb Group – Chestnut Square Caleb Group - Sirk Building Caleb Group - Xavier House Calvary Kitchen Cambodian Mutual Assistance Association Casa Esperanza Catholic Charities CBA Yes Central Food Ministry Changing Lives Christian Church Chelmsford Community Exchange Christ Church United Christ Jubilee Food Pantry Community Action-Amesbury Community Action-Haverhill Community Christian Fellowship Cor Unum Meal Center Council on Aging Daybreak Shelter Dracut Food Pantry Dwelling House of Hope End 68 Hours of Hunger **Evangelical Church of Holiness** Full Gospel Church Girls Inc. God's Helping Hand Good Samaritan Baptist Church Great Commission Food Pantry Greater Lawrence Community Action Council Haitian Baptist Church Haverhill Clubhouse Hearts of Life Hope Dove House of Hope House of Mercy Immaculate Conception - Newburyport Immaculate Conception - SVDP, Lowell In Need Food Pantry Key Program Lawrence Hispanic S.D.A. Lazarus House Leap 4 Education Leroy's Lodge Life Connection Center Lifelinks (Gilmore St.) Lifelinks (Overlook Terrace) Lifelinks (Pondview) Living Waters Lowell House Recovery Home Lowell Transitional Living Center Megan's House Merrimack Valley Dream Ctr. (Granite United) Merrimack Valley YMCA Middlesex Comm. College - Bedford Middlesex Comm. College - Lowell Mobile Pantry (MVFB) Mount of Prayer Food Pantry Neighbors In Need New Beginnings New Hope Community Church North Shore Moving Market

North Village Senior Housing, Chelmsford Open Hand Pantry **Open Pantry** Open Sky - Fitchburg Pathfinder-Bridgewell Pegasus Peoples Pantry Place of Promise Point After Club Pregnancy Care Center - Haverhill Pregnancy Care Center - Lowell Presidential Gardens Renaissance Club **Rescue Ministry** Salvation Army - Lawrence Salvation Army - Newburyport Salvation Army-Lowell Salvation Food Pantry - Methuen Shepherd's Pantry Somebody Cares St. Basils - Pantry St. Benedict St. Charles - SVDP St. George Orthodox St. Marguerite Dracut - SVDP St. Mary Magdalen - SVDP Tabernacle Evangelique Table of Plenty Tewksbury Community Pantry UMASS Lowell UTEC Veterans NE Outreach Washington Street Baptist Church Water Source (Fuente de Agua) West Congregational Church Westford Food Pantry Women's View

MVFB's Operation Nourish

Bartlett School **BRIDGE** Program Cardinal O'Connell Early Learning Center Collegiate Charter School of Lowell Greenhalge School Greater Lowell Technical High School Lincoln School Lowell High School LHS Mill Market McAuliffe School Middlesex Community College Moody School Morey School Murkland School Robinson Middle School Rogers School Stoklosa School Sullivan School Washington School

MVFB's Community Market

Bishop Markham Village Francis Gatehouse Mill George W. Flanagan Development North Common Village

MVFB's Summer Lunch

Caleb Group Christ Jubilee Eagle Park Greater Lowell Technical High School LCHC Teen Block McPherson Park North Canal Splash Pad O'Donnell Splash Pad Raymond Lord Pool Whistler House YWCA

*Partners List as of 6/30/2019. New members added in FY 2020 are not listed here.



3.75 MILLION POUNDS OF FOOD DISTRIBUTED

TOP 5 FOOD COMPANY DONORS (POUNDS)

WEETABIX: 35,984 Spirit transport: 30,320 Northeast Refrigerated Distributing: 25,837 L&M Bakery: 13,567 Bimbo Bakery: 8,739

TOP 5 NON-FOOD COMPANY DONORS (POUNDS)

CANSTRUCTION BOSTON: 63,214 NORTHEAST ASSOCIATION OF REALTORS: 4,909 LOWELL CATHOLIC SCHOOL: 4,140 MERRIMACK COLLEGE: 3,593 LOWELL HIGH ROTC: 2 094

OUR YEAR BY THE NUMBERS

JULY 1, 2018 - JUNE 30, 2019

152 HUNGER RELIEF PROGRAMS SERVED **63,833** INDIVIDUALS SERVED EACH MONTH (ON AVERAGE)

FINANCIAL INFORMATION

Grants & Foundation Gifts

Individual & Corporate Donations

Interest, Agency Fees, Coop Sales

Contract Income (State and Federal)

*AUDITED FINANCIAL STATEMENTS NOT YET AVAILABLE AT TIME OF PRINTING. CURRENT 990 AVAILABLE AT: MVFB.ORG/ABOUT-US/FINANCIAL-INFORMATION

54%

9,834 VOLUNTEER HOURS CONTRIBUTED

OUR YEAR IN PICTURES





Greater Lowell Chamber of Commerce Mixer



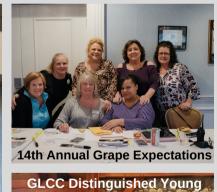
















Canstruction Boston

THANK YOU TO OUR DONORS!

\$100,000 and Above

Richard K. & Nancy L. Donahue Charitable Foundation

\$50,000 - \$99,999

Digital Federal Credit Union George P. Bishop Foundation, Inc.

\$30,000 - \$49,999

Richard and Susan Smith Family Foundation United Way of Massachusetts Bay and Merrimack Valley

\$10,000 - \$29,999

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\$5,000 - \$9,999

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\$1,000 - \$4,999

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James Regan

Foundation

International

Charities

Salem Five Charitable

Sheet Metal Workers

Speedway Children's

Spring Manufacturing

Corporation

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TD Bank Charitable Foundation Trustees of the Ayer Home UNICO Merrimack Valley UTC Aerospace Systems The Venkataramani Family Walmart Foundation Walsh Engineering Services, Inc.

\$500 - \$999

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\$100 - \$499

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This list reflects financial donations made between 7/1/2018 and 6/30/2019, and does not include ticket purchases or event sponsorships. We receive many donations throughout the year that help us serve our mission. We strive to be as accurate as possible for our annual report and regret if any names have not been acknowledged. Thank you to all of our supporters on every level!

CONTINUE TO FIGHT HUNGER!

There are many ways you can help make sure that nobody goes to bed hungry. Visit www.mvfb.org for more information, or call MVFB to schedule a tour! Here are just a few ways to stay involved this year.

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• Become a member of our Stock the Shelves Club by scheduling a recurring monthly gift.



• Make a food donation or host a food drive where you work.



Make a financial donation to help with MVFB's mission. Every \$1 provides 3 meals.



Volunteer at our food distribution center or for one of our neighborhood food drives!



 Attend or sponsor one of MVFB's signature events - Grape Expectations in May and the Golf Tournament in September.



• Include a gift to MVFB in your estate planning.



 Spread the word to friends, family, coworkers, and others about MVFB's mission and the importance of the fight against hunger.



 Follow MVFB on Facebook, Twitter, and Instagram to stay informed and share our updates!

MVFB Board of Directors

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Contact Us

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