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| **Pantries** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Billerica Community Food Pantry**11 Concord Rd. Billerica, MA **978-357-7560** *(Register by Phone)* | 5-7 PM2nd & 4th of Month | 9-Noon2nd & 4th of Month | 1-4:30 PM2nd & 4th of Month |  |  | 9-Noon2nd of Month |
| **Catholic Charities of Merrimack Valley**70 Lawrence St. Lowell, MA**978-454-9946** | 1-3:30 PM | 1-3:30 PM | 1-3:30 PM | 1-3:30 PM |  |  |
| **CBA Food Pantry**450 Merrimack St. Lowell, MA**978-483-9082** *(& By Appt.)* |  | 9-5 | 9-Noon |  |  |  |
| **Central Food Ministry**370 W. Sixth St. Lowell, MA**978-454-7445** |  | 10-1 | 10-1 | 10-17-8 |  |  |
| **Chelmsford Community Exchange**50 Rear Billerica Rd. Chelmsford, MA**Chelmsfordfoodpantry.org** |  |  | 5-8 PM | 2-4 PM | 6:30-8 PM |  |
| **Christian Church Voice of Salvation** 15 Lowell Blvd. Methuen MA**978-397-5768** |  |  |  |  |  | 10AM-1PM |
| **Christ Jubilee Food Pantry**101 Smith St. Lowell, MA**978-452-9976** *(Call Ahead)* |  |  |  |  | Noon-1 |  |
| **Dracut Food Pantry** 1934 Lakeview Ave. Dracut, MA**978-957-8600** |  |  |  |  |  | 9-11 AM4th of Month |
| **Dwelling House of Hope**125 Mt. Hope St. Lowell, MA**1-866-674-9988** |  |  |  | *Call for Appt.* |  | 9-11:30 AM |
| **Hope Dove**10 Kirk St. Lowell, MA 978 364-0118 |  |  |  | 11-1 |  | 11-1 |
| **House of Hope** 812 Merrimack St. Lowell, MA **978-458-2870** | **Call for Hours** |  |  |  |  |  |
| **Lowell Senior Center** *(Age 60+ Only)*276 Broadway St. Lowell, MA**978-674-4131** |  | 10-24th of Month |  |  |  |  |
| **Pantries** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Matthew 2535** 60 Hastings St. Lowell MA **978-454-7944** | **Call for Hours** |  |  |  |  |  |
| **NFI Family Resource Center**27 Prescott St. Lowell, MA**978-455-0701** *(Call Ahead)* | 10-2 | 1-5 PM |  |  | 10-2 |  |
| **Open Pantry Greater Lowell**13 Hurd St. Lowell, MA**978-453-6693** | 8:30-11:45 AM | 8:30-11:45 AM | 8:30-11:45 AM | 8:30-11:45 AM |  |  |
| **Pathfinder (Bridgewell)**97 Rock St. Lowell MA **978-459-3887** | **Call for Hours** |  |  |  |  |  |
| **Pregnancy Center of Lowell**158 Mammoth Rd Lowell MA**978-746-8149** | **Call for Hours** |  |  |  |  |  |
| **Renaissance Club**176 Walker St. Lowell MA**978-454-7944** |  **Call for Hours** |  |  |  |  |  |
| **Salvation Army**150 Appleton St. Lowell, MA**978-458-3396 – *Please call first*** | 9-11 AM |  | 9-11 AM3-6 PM |  | 9-11 AM |  |
| **SVDP St. Mary Magdalen** **978-844-2365**  |  |  | EVERY 2ND Wednesday of the month  |  |  |  |
| **St. Paul’s Soup Kitchen** 273 Summer St. Lowell, MA 01851**stpaulssoupkitchen.org/**also offer food programs 4:45-5:35PM | 2:30–5:45 PM | 2:30–5:45 PM | 2:30–5:45 PM | 2:30–5:45 PM | 2:30–5:45 PM |  |
| **St. Marguerutes****1340 Lakeview Ave****Dracut, MA** **978-957-0322** | OPEN 3RD WK OF MO9-10:30 & 1:30-4:30 EMERGENCIES CALL BY PHONE  | OPEN 3RD WK OF MO9-10:30 & 1:30-4:30 EMERGENCIES CALL BY PHONE | OPEN 3RD WK OF MO9-10:30 & 1:30-4:30 EMERGENCIES CALL BY PHONE | OPEN 3RD WK OF MO9-10:30 & 1:30-4:30 EMERGENCIES CALL BY PHONE |  |  |
| **Tewksbury Community Food Pantry**999 Whipple Rd. Tewksbury, MA**978-858-2273**/tewksburypantry.org | 7-8 PM |  |  |  |  | **Sat.**10-11 | **Sun.**9-11 |
| **Westford Food Pantry**20 Pleasant St. Westford, MA**978-692-5523**/westfordfoodpantry.org | **Call or Check Website for Hours** |  | 6-8 PM |  | 9-11 AM |  |

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| **Meals Programs** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Community Servings**18 Marbury Terrace, Jamaica Plain**617-522-7777** | **For Lawrence & Lowell residents with acute life threatening illnesses** |
| **Life Connection Center**192 Appleton St. Lowell, MA**978-997-0588** | **Hot Meals for Middlesex County Adults** **Mondays, Tuesdays and Wednesdays 12-2 PM** |
| **Living Waters**10 Kirk St. Lowell, MA**978-323-4673** | **Check website for days and hours.**[**https://www.livingwaterslowell.org/services/**](https://www.livingwaterslowell.org/services/)  |
| **Lowell Senior Center (Age 60+ only)**276 Broadway St. Lowell, MA**978-970-4131** | 7-8 Breakfast11-11:30 Lunch | 7-8 Breakfast11-11:30 Lunch | 7-8 Breakfast11-11:30 Lunch | 7-8 Breakfast11-11:30 Lunch | 7-8 Breakfast11-11:30 Lunch | 7-8 Breakfast11-11:30 Lunch**Sundays too!** |
| **Meals on Wheels**Elder Services of MV**800-892-0890** | **Operates Monday-Friday with frozen meals available on the weekend!****For homebound residents aged 60+ / Must apply!** |
| **St. Paul’s Kitchen**273 Summer St. Lowell, MA | **Hot Meals served Monday through Friday – 5-5:45 PM** |
| **Salvation Army Community Table**150 Appleton St. Lowell, MA**978-458-3396** |  | Seniors 8:30-10:30All Welcome 11:30 |  | Seniors 8:30-10:30All Welcome 11:30 |  | All Welcome 1:00**Sundays All Welcome 4:30** |
| **Table of Plenty**50 Billerica Rd. Chelmsford, MATown gym behind office / **978-710-8328** |  | Hot Meals5-6 PM |  |  |  |  |

**Project Bread Food Source Hotline 1-800-645-8333 or Dial 211 for a listing of Emergency Services**

**PLEASE BE SURE TO CALL PRIOR TO GOING!**