ANNUAL IMPACT REPORT
JULY 1, 2021 - JUNE 30, 2022
HELP US, HELP OTHERS!
Dear Supporters,

Another year has come and gone and once again we are overwhelmed with gratitude for our supporters and donors. The support you have provided us, whether it be financial, food and in-kind, or your valuable time, allowed us to continue to focus on our mission to alleviate hunger in the 33 communities we serve.

As we navigated through the aftermath of the pandemic you were there, and you answered the call. You knew that it was a challenging time for your neighbors and you didn’t hesitate to help us so we could help them. It is the trust you place in us that motivates us to meet these challenges each and every day, in hopes that nobody in our region goes to bed hungry.

With your help we have expanded our programs, serving more schools through our Operation Nourish children’s feeding program and adding 200 additional individuals to receive food from our Mobile Pantry senior feeding program.

We have been able to purchase food, including fresh fruits and vegetables, proteins, and shelf stable foods, making sure we have plenty of healthy food options to distribute.

With the cost of fuel, utilities, housing, medical expenses, and food on the rise people will need us more than ever. But we are confident that we will be able to meet the increased need, especially with you on our side.

On behalf of our board of directors, staff, and those that we serve, we offer our sincere thanks for your generosity and support.

Debbie Callery
Executive Director

Jimmy Good
Board Chairman
How We Fought Hunger in FY22

**Food Distribution Program**

Food Distribution, MVFB’s primary program, provides nutritious fresh and shelf-stable food to over 100 member agency partners including food pantries, meal programs, shelters, and schools. MVFB’s partners are located in 33 communities, allowing people to access food right where they live and work.

**Mobile Pantry**

The Mobile Pantry program delivers groceries to homebound seniors and individuals with disabilities. More than 300 people receive personalized monthly food deliveries from a friendly volunteer. Deliveries include shelf-stable, fresh, and frozen items tailored to the individual’s dietary needs and preferences. The program will also soon provide monthly bags of shelf-stable food to 200 clients at the Lowell Senior Center!

**Operation Nourish**

Operation Nourish provides nutritious food for more than 1,200 students to enjoy on weekends or during vacations when they are not receiving free school meals. We offer a combination of take-home bags, grab & go boxes, and in-school food pantries. We are proud to share that during the 2022-2023 school year, the program is serving every public school in Lowell, as well as the Collegiate Charter School of Lowell, Greater Lowell Technical High School, and Greater Lawrence Technical High School.
How We Fought Hunger in FY22

Food Rescue

This year the Food Rescue program kept 36,187 pounds of nutritious food out of landfills! The program collects perishable and prepared foods from local supermarkets to distribute to our partners. The food may be “ugly” produce or overstocked items, but all items are fresh and safe to eat! They include produce, baked goods, sandwiches, and more.

Community Market

The Community Market is a seasonal free farmer’s market offered at four Lowell Housing Authority properties. The location eliminates barriers to access by providing fresh food to residents right outside their front doors. This year's market served 75 households per month and distributed more than 12,200 pounds of food.

Summer Lunch

The Summer Lunch program partners with the USDA during July and August to provide lunches and snacks to youth participating in summer activities in Lowell. Participation was lower during Summer 2021 due to continuing COVID concerns, but the program still served 4,776 lunches and snacks over the course of the two months. Participation in the Summer 2022 program, which falls outside the timeline of this report, increased substantially as more summer activities reopened their doors.
Our Partners

MVFB Member Agencies
Beverly SDA Comm. Food Pantry
Billerica Community Pantry
Caleb Group – Chestnut Square
Caleb Group - Paige Apartments
Caleb Group - Sirk Building
Cambodian Mutual Assistance Association
Catholic Charities
Central Food Ministry
Changing Lives Christian Church
Chelmsford Community Exchange
Christ Jubilee Food Pantry
Clear Path for Veterans
Coalition for a Better Acre
Common Ground Café
Community Action-Amesbury
Community Action-Haverhill
Community Christian Fellowship
Council on Aging
CTI - YouthBuild
CTI - Youth Services (Mill You)
Daybreak Shelter
Dracut Food Pantry
End 68 Hours of Hunger
En Ka Food Pantry
Evangelical Church of Holiness
First Congregational Church - Stoneham
Good Samaritan Baptist Church
Great Commission Food Pantry
Greater Lawrence Community Action Council
Haitian Baptist Church
Haverhill Clubhouse
Hope Dove
House of Hope
House of Mercy
Immaculate Conception - SVDP, Lowell
Immaculate Conception - Newburyport
Incompass Human Services
International Veterans Care Services
Lazarus House
LeRoy’s Lodge Simple Living
Leaving the Streets
Life Connection Center
Living Waters
Liz Murphy Open Hand Pantry
Lowell House Recovery Home
Lowell House Sheehan
Lowell House Tower Hill
Lowell Transitional Living Center
Matthew 2636
Megan’s House
Merrimack Valley YMCA
Middlesex Comm. College - Bedford
Middlesex Comm. College - Lowell
Mobile Pantry (MVFB)
Neighbors In Need
New Beginnings
New Hope Community Church
NFI Family Resource Center
North Shore Moving Market
Northern Essex Comm. College - Haverhill
Northern Essex Comm. College - Lawrence
Open Pantry
Pathfinder-Bridgewell
Pegasus
Peoples Pantry
Place of Promise
Point After Club
Pregnancy Care Center - Haverhill
Pregnancy Care Center - Lowell
Presidential Gardens
Project Kompass
Rehoboth Helping Hands Food Pantry
Renaissance Club
Rescue Ministry
Revival Church - Peabody
Salvation Army - Lawrence
Salvation Army - Lowell
Salvation Army - Newburyport
Shepherd’s Pantry
Somebody Cares New England
St. Basil’s
St. Benedict
St. Charles - SVDP
St. George Orthodox
St. Marguerite Dracut - SVDP
St. Mary Magdalene - SVDP
St. Paul’s Soup Kitchen
Tabernacle Evangelique
Table of Plenty
Tewksbury Community Pantry
UMASS Lowell
UTEC
Veterans NE Outreach
Washington Street Baptist Church
Water Source (Fuente de Agua)
West Congregational Church
Westford Food Pantry
Women’s View
You Forward (VinFen)

MVFB’s Operation Nourish
Bailey School
Bartlett School
Butler School
Cardinal O’Connell Early Learning Center
Career Academy
Collegiate Charter School of Lowell
Daley School
Greenhalge School
Greater Lawrence Technical High School
Greater Lowell Technical High School
Laura Lee School
LeBlanc Therapeutic Day School
Lincoln School
Lowell Community Charter School
Lowell High School
McAliff School
McAvinnue School
Moody School
Morey School
Murdland School
Pawtucket School
Pyne School
Reilly School
Robinson Middle School
Rogers School (STEM)
Shaughnessy School
Stoklosa School
Sullivan School
Wang School
Washington School

MVFB’s Community Market
Francis Gatehouse Mill
Highland Parkway
North Common Village
South Common Village

MVFB’s Summer Lunch
Caleb Group
Eagle Park
Greater Lowell Technical High School
McPherson Park
North Canal Splash Pad
O’Donnell Splash Pad
YWCA

*Partners List as of 6/30/2022. New members added in FY 2023 are not listed here.
3,387,864
Pounds of Food Distributed

64,400
People Served Each Month (Average)
Including
81,967
in November 2021

151
Member Agency Programs & Sites Served

Financial Details
At the time of this report, audited financial statements for FY 2022 are not yet available. This is unaudited data. Final audited numbers can be viewed in our Form 990 on our website when available.

<table>
<thead>
<tr>
<th>REVENUE</th>
<th>EXPENSES</th>
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<tbody>
<tr>
<td>Donated Goods &amp; Services*</td>
<td>$3,940,012.09</td>
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<tr>
<td>Contributions</td>
<td>$1,426,749.58</td>
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<tr>
<td>Special Events</td>
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<td>Program Revenue</td>
<td>$47,831.41</td>
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<td>Other Income</td>
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<td><strong>TOTAL</strong></td>
<td><strong>$5,641,024.49</strong></td>
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<td>Program Services*</td>
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<tr>
<td><strong>TOTAL</strong></td>
<td><strong>$4,955,261.44</strong></td>
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</tbody>
</table>

*Includes value of food distributed from MEFAP, USDA, and food donations
You can fight food insecurity in 2023.

The demand for emergency food in our region remains higher than it was before the pandemic began. We are determined to meet that need even though MVFB is not immune to rising food prices and general inflation. As our costs climb, we need the support of our community more than ever to continue providing delicious, healthy food to our neighbors, and we know we can count on your generosity. There are a number of ways you can help us make sure nobody in our community has to go to bed hungry:

- Make a recurring monthly gift in our Stock the Shelves Club to help ensure healthy food is available year-round.
- Donate food or host a food drive! To get started with a physical or virtual drive, check out the information on our website.
- Every $1 donated can provide a meal! You can donate securely on our website.
- Volunteer to make home deliveries, fill bags of food, help with neighborhood food drives, and more! Start with our volunteer application.
- You or your company can sponsor MVFB's events or programs in 2023 - opportunities start at just $100.
- Attend or support MVFB's signature events - Big Night Out on June 8th and our Golf Tournament on September 11th. Stay tuned for details!
- Consider making a gift to MVFB in your estate planning.
- Follow MVFB on social media and help us spread the word about the fight against hunger and the many other ways you can be involved!
THANK YOU TO OUR DONORS!

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Cummings Foundation

$50,000 - $99,999
George P. Bishop Foundation, Inc.
Richard and Susan Smith Family Foundation
The Theodore Edson Parker Foundation

$25,000 - $49,999
Cecile H. Murphy Charitable Foundation
Essex County Community Foundation
Wagner Foundation
Yawkey Foundation

$10,000 - $24,999
Alice Willard Dorr Foundation
Charles A. Farnsworth Trust, Bank of America, N.A., Trustee
Community Development Block Grant
F.W. Webb Company
Fallon Health
GE Employees Good Neighbor Fund
George H. & Jane A. Mifflin Memorial Fund
Globus Medical
Greater Lowell Community Foundation
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Peter J. Mullin (Legal Counsel): Law Office of Peter J. Mullin
George J. Anastas: Lowell Regional Transit Authority
Ellen Andre: Retired Business Owner, Volunteer
Brandon Caron: MGM Music Hall at Fenway
Thomas “Doc” Daughtery: Eastern Bank
Linda Dawson: Lowell General Hospital, Saints Campus
Elizabeth Frangiosa: Enterprise Bank
Penny Hamel: Bangor Savings Bank
Susan Hannigan: Northeast Credit Union
Vichtcha Kong: Washington Savings Bank
Michael Lenz: Lenzi’s Catering
Steve Mallette: New England Medical Insurance Agency
Tara Sek: Lowell Five
Angela Strunk: Lowell General Hospital
Tony Wallace: Food Industry Consultant

MVFB Staff

Debbie Callery: Executive Director
Joanne Adamson: Bookkeeper
Omile Albino: Warehouse Associate
Makayla Clougherty: Office Assistant
Brandon Crocker: Warehouse Associate
Dave Demers: Warehouse Associate
Tammie Dubois: Warehouse Manager
Irene Egan: Grant Writer
Roberta Emerson: Program Director
Deb Filippone: Program Assistant
Nancy Goss: Member Services Coordinator
Karen Lachapelle: Program Assistant
Laurie McAnespie: Community Relations Coordinator
Amy L. Pessia: Director of Growth
Kelly Proulx: Development & Communications Coordinator
Christine Speciale: Development Associate
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Angel Vargas: Warehouse Associate
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