



**Merrimack Valley  
Food Bank, Inc.**

**Feeding Families  
Since 1991**



# ANNUAL IMPACT REPORT

JULY 1, 2021 - JUNE 30, 2022

**HELP US, HELP OTHERS!**



Dear Supporters,

Another year has come and gone and once again we are overwhelmed with gratitude for our supporters and donors. The support you have provided us, whether it be financial, food and in-kind, or your valuable time, allowed us to continue to focus on our mission to alleviate hunger in the 33 communities we serve.

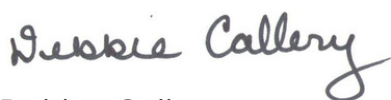
As we navigated through the aftermath of the pandemic you were there, and you answered the call. You knew that it was a challenging time for your neighbors and you didn't hesitate to help us so we could help them. It is the trust you place in us that motivates us to meet these challenges each and every day, in hopes that nobody in our region goes to bed hungry.

With your help we have expanded our programs, serving more schools through our Operation Nourish children's feeding program and adding 200 additional individuals to receive food from our Mobile Pantry senior feeding program.

We have been able to purchase food, including fresh fruits and vegetables, proteins, and shelf stable foods, making sure we have plenty of healthy food options to distribute.

With the cost of fuel, utilities, housing, medical expenses, and food on the rise people will need us more than ever. But we are confident that we will be able to meet the increased need, especially with you on our side.

On behalf of our board of directors, staff, and those that we serve, we offer our sincere thanks for your generosity and support.



Debbie Callery  
Executive Director



Jimmy Good  
Board Chairman





# How We Fought Hunger in FY22

## Food Distribution Program



Food Distribution, MVFB's primary program, provides nutritious fresh and shelf-stable food to over 100 member agency partners including food pantries, meal programs, shelters, and schools. MVFB's partners are located in 33 communities, allowing people to access food right where they live and work.

## Mobile Pantry

The Mobile Pantry program delivers groceries to homebound seniors and individuals with disabilities. More than 300 people receive personalized monthly food deliveries from a friendly volunteer. Deliveries include shelf-stable, fresh, and frozen items tailored to the individual's dietary needs and preferences. The program will also soon provide monthly bags of shelf-stable food to 200 clients at the Lowell Senior Center!



## Operation Nourish

Operation Nourish provides nutritious food for more than 1,200 students to enjoy on weekends or during vacations when they are not receiving free school meals. We offer a combination of take-home bags, grab & go boxes, and in-school food pantries. We are proud to share that during the 2022-2023 school year, the program is serving every public school in Lowell, as well as the Collegiate Charter School of Lowell, Greater Lowell Technical High School, and Greater Lawrence Technical High School.



# How We Fought Hunger in FY22

## Food Rescue



This year the Food Rescue program kept 36,187 pounds of nutritious food out of landfills! The program collects perishable and prepared foods from local supermarkets to distribute to our partners. The food may be "ugly" produce or overstocked items, but all items are fresh and safe to eat! They include produce, baked goods, sandwiches, and more.

## Community Market

The Community Market is a seasonal free farmer's market offered at four Lowell Housing Authority properties. The location eliminates barriers to access by providing fresh food to residents right outside their front doors. This year's market served 75 households per month and distributed more than 12,200 pounds of food.



## Summer Lunch

The Summer Lunch program partners with the USDA during July and August to provide lunches and snacks to youth participating in summer activities in Lowell. Participation was lower during Summer 2021 due to continuing COVID concerns, but the program still served 4,776 lunches and snacks over the course of the two months. Participation in the Summer 2022 program, which falls outside the timeline of this report, increased substantially as more summer activities reopened their doors.





# Our Partners

## **MVFB Member Agencies**

Beverly SDA Comm. Food Pantry  
 Billerica Community Pantry  
 Caleb Group – Chestnut Square  
 Caleb Group - Paige Apartments  
 Caleb Group - Sirk Building  
 Cambodian Mutual Assistance Association  
 Catholic Charities  
 Central Food Ministry  
 Changing Lives Christian Church  
 Chelmsford Community Exchange  
 Christ Jubilee Food Pantry  
 Clear Path for Veterans  
 Coalition for a Better Acre  
 Common Ground Café  
 Community Action-Amesbury  
 Community Action-Haverhill  
 Community Christian Fellowship  
 Council on Aging  
 CTI - YouthBuild  
 CTI - Youth Services (Mill You)  
 Daybreak Shelter  
 Dracut Food Pantry  
 End 68 Hours of Hunger  
 En Ka Food Pantry  
 Evangelical Church of Holiness  
 First Congregational Church - Stoneham  
 Good Samaritan Baptist Church  
 Great Commission Food Pantry  
 Greater Lawrence Community Action Council  
 Haitian Baptist Church  
 Haverhill Clubhouse  
 Hope Dove  
 House of Hope  
 House of Mercy  
 Immaculate Conception - SVDP, Lowell  
 Immaculate Conception - Newburyport  
 Incompass Human Services  
 International Veterans Care Services  
 Lazarus House  
 LeRoy's Lodge Simple Living  
 Leaving the Streets  
 Life Connection Center  
 Living Waters  
 Liz Murphy Open Hand Pantry  
 Lowell House Recovery Home  
 Lowell House Sheehan  
 Lowell House Tower Hill

Lowell Transitional Living Center  
 Matthew 2535  
 Megan's House  
 Merrimack Valley YMCA  
 Middlesex Comm. College - Bedford  
 Middlesex Comm. College - Lowell  
 Mobile Pantry (MVFB)  
 Neighbors In Need  
 New Beginnings  
 New Hope Community Church  
 NFI Family Resource Center  
 North Shore Moving Market  
 Northern Essex Comm. College - Haverhill  
 Northern Essex Comm. College - Lawrence  
 Open Pantry  
 Pathfinder-Bridgewell  
 Pegasus  
 Peoples Pantry  
 Place of Promise  
 Point After Club  
 Pregnancy Care Center - Haverhill  
 Pregnancy Care Center - Lowell  
 Presidential Gardens  
 Project Kompass  
 Rehoboth Helping Hands Food Pantry  
 Renaissance Club  
 Rescue Ministry  
 Revival Church - Peabody  
 Salvation Army - Lawrence  
 Salvation Army - Lowell  
 Salvation Army - Newburyport  
 Shepherd's Pantry  
 Somebody Cares New England  
 St. Basil's  
 St. Benedict  
 St. Charles - SVDP  
 St. George Orthodox  
 St. Marguerite Dracut - SVDP  
 St. Mary Magdalen - SVDP  
 St. Paul's Soup Kitchen  
 Tabernacle Evangelique  
 Table of Plenty  
 Tewksbury Community Pantry  
 UMASS Lowell  
 UTEC  
 Veterans NE Outreach  
 Washington Street Baptist Church  
 Water Source (Fuente de Agua)  
 West Congregational Church  
 Westford Food Pantry  
 Women's View  
 You Forward (VinFen)

## **MVFB's Operation Nourish**

Bailey School  
 Bartlett School  
 Butler School  
 Cardinal O'Connell Early Learning Center  
 Career Academy  
 Collegiate Charter School of Lowell  
 Daley School  
 Greenhalge School  
 Greater Lawrence Technical High School  
 Greater Lowell Technical High School  
 Laura Lee School  
 LeBlanc Therapeutic Day School  
 Lincoln School  
 Lowell Community Charter School  
 Lowell High School  
 McAuliffe School  
 McAvinnue School  
 Moody School  
 Morey School  
 Murkland School  
 Pawtucket School  
 Pyne School  
 Reilly School  
 Robinson Middle School

Rogers School (STEM)  
 Shaughnessy School  
 Stoklosa School  
 Sullivan School  
 Wang School  
 Washington School

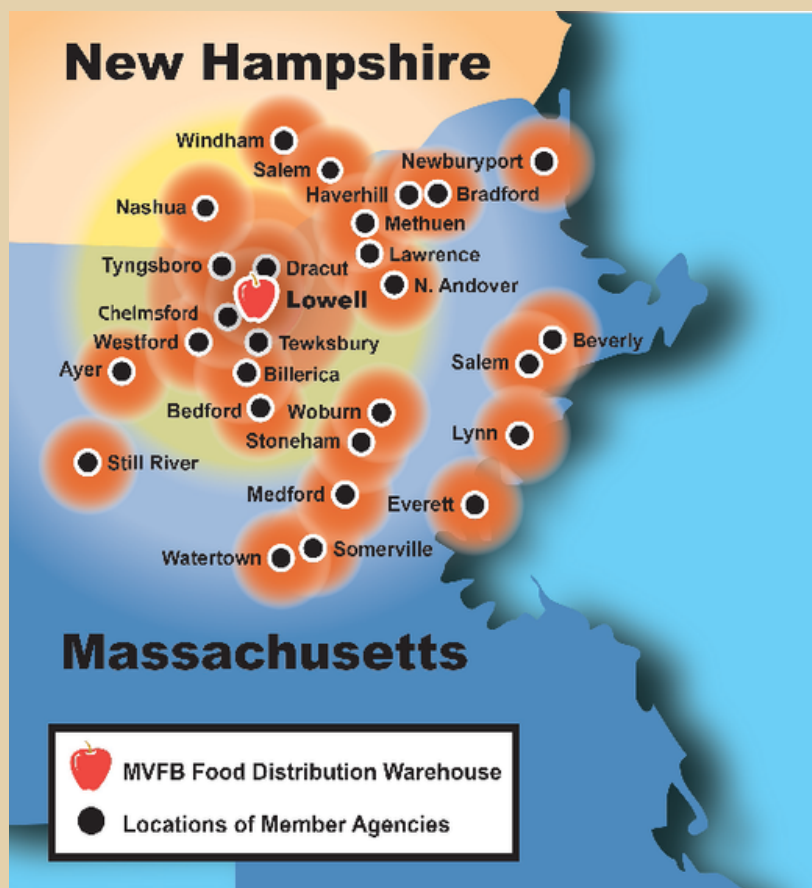
## **MVFB's Community Market**

Francis Gatehouse Mill  
 Highland Parkway  
 North Common Village  
 South Common Village

## **MVFB's Summer Lunch**

Caleb Group  
 Eagle Park  
 Greater Lowell Technical High School  
 McPherson Park  
 North Canal Splash Pad  
 O'Donnell Splash Pad  
 YWCA

*\*Partners List as of 6/30/2022.  
 New members added in FY 2023  
 are not listed here.*



# FY 2022 By the Numbers



**3,387,864**  
Pounds of Food  
Distributed

**64,400**

People Served Each  
Month (Average)



Including  
**81,967**  
in November 2021



**151**  
Member Agency  
Programs & Sites  
Served

## Financial Details

At the time of this report, audited financial statements for FY 2022 are not yet available. This is unaudited data. Final audited numbers can be viewed in our Form 990 [on our website](#) when available.

REVENUE	
Donated Goods & Services*	\$3,940,012.09
Contributions	\$1,426,749.58
Special Events	\$214,451.15
Program Revenue	\$47,831.41
Other Income	\$11,980.26
<b>TOTAL</b>	<b>\$5,641,024.49</b>

\*Includes value of food received from MEFAP, USDA, and food donations

EXPENSES	
Program Services*	\$3,837,410.58
G&A	\$1,071,371.50
Fundraising	\$46,479.36
<b>TOTAL</b>	<b>\$4,955,261.44</b>

\*Includes value of food distributed

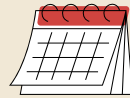


# You can fight food insecurity in 2023.

The demand for emergency food in our region remains higher than it was before the pandemic began. We are determined to meet that need even though MVFB is not immune to rising food prices and general inflation. As our costs climb, we need the support of our community more than ever to continue providing delicious, healthy food to our neighbors, and we know we can count on your generosity. There are a number of ways you can help us make sure nobody in our community has to go to bed hungry:



Make a recurring monthly gift in our [Stock the Shelves Club](#) to help ensure healthy food is available year-round.



You or your company can [sponsor MVFB's events or programs](#) in 2023 - opportunities start at just \$100.



Donate food or host a food drive! To get started with a physical or virtual drive, check out the information on [our website](#).



Attend or support MVFB's signature events - Big Night Out on June 8th and our Golf Tournament on September 11th. Stay tuned for details!



Every \$1 donated can provide a meal! You can donate securely on our [website](#).



Consider making a gift to MVFB in your estate planning.



Volunteer to make home deliveries, fill bags of food, help with neighborhood food drives, and more! Start with our [volunteer application](#).



Follow MVFB on social media and help us spread the word about the fight against hunger and the many other ways you can be involved!





# THANK YOU TO OUR DONORS!

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## **\$25,000 - \$49,999**

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Essex County Community  
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Wagner Foundation  
Yawkey Foundation

## **\$10,000 - \$24,999**

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*This list reflects financial donations made between 7/1/2021 and 6/30/2022, and does not include ticket purchases or event sponsorships. We receive many donations throughout the year that help us serve our mission. We strive to be as accurate as possible for our annual report and regret if any names have not been acknowledged. Thank you to all of our supporters on every level!*



## MVFB Board of Directors

**Jimmy Good (Board Chair):** Retired, Lowell Regional Transit Authority

**Danielle McFadden (Vice Chair):** Greater Lowell Chamber of Commerce

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**Amanda Clermont (Secretary):** Greater Lowell Health Alliance, Rise Social Relations

**Hank Houle (Facilities Advisor):** Retired, Chelmsford Fire Department

**Peter J. Mullin (Legal Counsel):** Law Office of Peter J. Mullin

**George J. Anastas:** Lowell Regional Transit Authority

**Ellen Andre:** Retired Business Owner, Volunteer

**Brandon Caron:** MGM Music Hall at Fenway

**Thomas "Doc" Daugherty:** Eastern Bank

**Linda Dawson:** Lowell General Hospital, Saints Campus

**Elizabeth Frangiosa:** Enterprise Bank

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**Vichtcha Kong:** Washington Savings Bank

**Michael Lenzi:** Lenzi's Catering

**Steve Mallette:** New England Medical Insurance Agency

**Tara Sek:** Lowell Five

**Angela Strunk:** Lowell General Hospital

**Tony Wallace:** Food Industry Consultant

## MVFB Staff

**Debbie Callery:** Executive Director

**Joanne Adamson:** Bookkeeper

**Omile Albino:** Warehouse Associate

**Makayla Clougherty:** Office Assistant

**Brandon Crocker:** Warehouse Associate

**Dave Demers:** Warehouse Associate

**Tammie Dubois:** Warehouse Manager

**Irene Egan:** Grant Writer

**Roberta Emerson:** Program Director

**Deb Filippone:** Program Assistant

**Nancy Goss:** Member Services Coordinator

**Karen Lachapelle:** Program Assistant

**Laurie McAnespie:** Community Relations Coordinator

**Amy L. Pessia:** Director of Growth

**Kelly Proulx:** Development & Communications Coordinator

**Christine Speciale:** Development Associate

**Kim Trainor:** Director of Development

**Angel Vargas:** Warehouse Associate

**Kiara Velazquez:** Warehouse Associate



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