



MERRIMACK VALLEY
FOOD BANK

Annual **IMPACT** Report

JULY 1, 2022 – JUNE 30, 2023



FY 2023

Our Programs

FOOD DISTRIBUTION

MVFB's Food Distribution program provides a wide variety of nutritious foods to over 100 member agency partners including food pantries, meal programs, shelters, and schools, serving more than 30 communities.



MOBILE PANTRY

The Mobile Pantry program delivers groceries to homebound seniors and individuals with disabilities. More than 300 people receive personalized monthly food deliveries from a friendly volunteer, and 200 more receive monthly bags of shelf-stable food at the Lowell Senior Center!



OPERATION NOURISH

Operation Nourish provides food to students so that they can enjoy nutritious meals when they are not in school. The program provides pre-packed food bags for elementary students and in-school food pantries for older students. Over 1,200 students benefit from the program.



FY 2023

Our Programs

SUMMER LUNCH

The Summer Lunch program partners with the USDA during July and August to provide lunches and snacks to youth participating in summer activities in Lowell. In July and August of 2022, the program distributed 8,947 lunches and snacks.

COMMUNITY MARKET

The Community Market is a seasonal free farmer's market offered at four Lowell Housing Authority properties, providing fresh food to residents right outside their front doors. This year's market served 135 people per month and distributed more than 13,500 pounds of food.

FOOD RESCUE

This year the Food Rescue program kept 58,125 pounds of nutritious food out of landfills! The program collects perishable and prepared foods from local supermarkets to distribute to our partners. The food may be "ugly" produce or overstocked items, but all items are fresh and safe to eat!



Our Partners

MVFB Member Agencies

Activation Church
 Beverly SDA Comm. Food Pantry
 Billerica Community Pantry
 Caleb Group – Chestnut Square
 Caleb Group - Paige Apartments
 Caleb Group - Sirk Building
 Catholic Charities
 Central Food Ministry
 Changing Lives Christian Church
 Chelmsford Community Exchange
 Christ Jubilee Food Pantry
 Clear Path for Veterans
 Coalition for a Better Acre
 Common Ground Café
 Community Action-Amesbury
 Community Action-Haverhill
 Community Christian Fellowship
 Council on Aging
 CTI - YouthBuild
 CTI - Youth Services (Mill You)
 Daybreak Shelter
 Dracut Food Pantry
 End 68 Hours of Hunger
 En Ka Food Pantry
 Evangelical Church of Holiness
 First Stoneham Church
 Good Samaritan Baptist Church
 Great Commission Food Pantry
 Greater Lawrence Community Action Council
 Haitian Baptist Church
 Haverhill Clubhouse
 Hope Dove
 House of Hope
 House of Mercy
 Immaculate Conception - SVDP, Lowell
 Immaculate Conception - Newburyport
 Incompass Human Services
 International Institute of New England
 International Veterans Care Services
 Lawrence Hispanic SDA
 Lazarus House
 Leap for Education
 Leaving the Streets
 LeRoy's Lodge Simple Living
 Life Connection Center
 Living Waters
 Liz Murphy Open Hand Pantry
 Lowell House Recovery Home
 Lowell House Sheehan
 Lowell House Tower Hill
 Lowell House STEPS Program
 Lowell Transitional Living Center
 Lowell VA Food Pantry
 Matthew 2535

Megan's House
 Merrimack Valley YMCA
 Middlesex Comm. College - Bedford
 Middlesex Comm. College - Lowell
 Mobile Pantry (MVFB)
 Neighbors In Need
 New Beginnings
 New Hope Community Church
 NFI Family Resource Center
 North Shore Moving Market
 Northern Essex Comm. College - Haverhill
 Northern Essex Comm. College - Lawrence
 Open Pantry
 Pathfinder-Bridgewell
 Pegasus
 Peoples Pantry
 Place of Promise
 Point After Club
 Pregnancy Care Center - Haverhill
 Pregnancy Care Center - Lowell
 Presidential Gardens
 Project Kompass
 Regis College
 Rehoboth Helping Hands Food Pantry
 Renaissance Club
 Rescue Ministry
 Revival Church - Peabody
 Salvation Army - Lawrence
 Salvation Army - Lowell
 Salvation Army - Newburyport
 Shepherd's Pantry
 Somebody Cares New England
 St. Basil's
 St. Benedict

St. Charles - SVDP
 St. George Orthodox
 St. Marguerite Dracut - SVDP
 St. Mary Magdalen - SVDP
 St. Paul's Soup Kitchen
 Stone Soup Kitchen
 Tabernacle Evangelique
 Table of Plenty
 Tewksbury Community Pantry
 UMASS Lowell
 UTEC
 Veterans NE Outreach
 Wakefield Food Pantry
 Washington Street Baptist Church
 Water Source (Fuente de Agua)
 West Congregational Church
 Westford Food Pantry
 Women's View
 You Forward (VinFen)

Lincoln School
 Lowell Community Charter School
 Lowell High School
 McAuliffe School
 McAvinnue School
 Moody School
 Morey School
 Murkland School
 Pawtucket Memorial School
 Pyne Arts School
 Reilly School
 Robinson Middle School
 Rogers School (STEM)
 Shaughnessy School
 Stoklosa School
 Sullivan School
 Wang School
 Washington School

MVFB's Operation Nourish

Bailey School
 Bartlett School
 Butler School
 BRIDGE
 Cardinal O'Connell Early Learning Center
 Career Academy
 Collegiate Charter School of Lowell
 Daley School
 Greenhalge School
 Greater Lawrence Technical High School
 Greater Lowell Technical High School
 Laura Lee School
 LeBlanc Therapeutic Day School

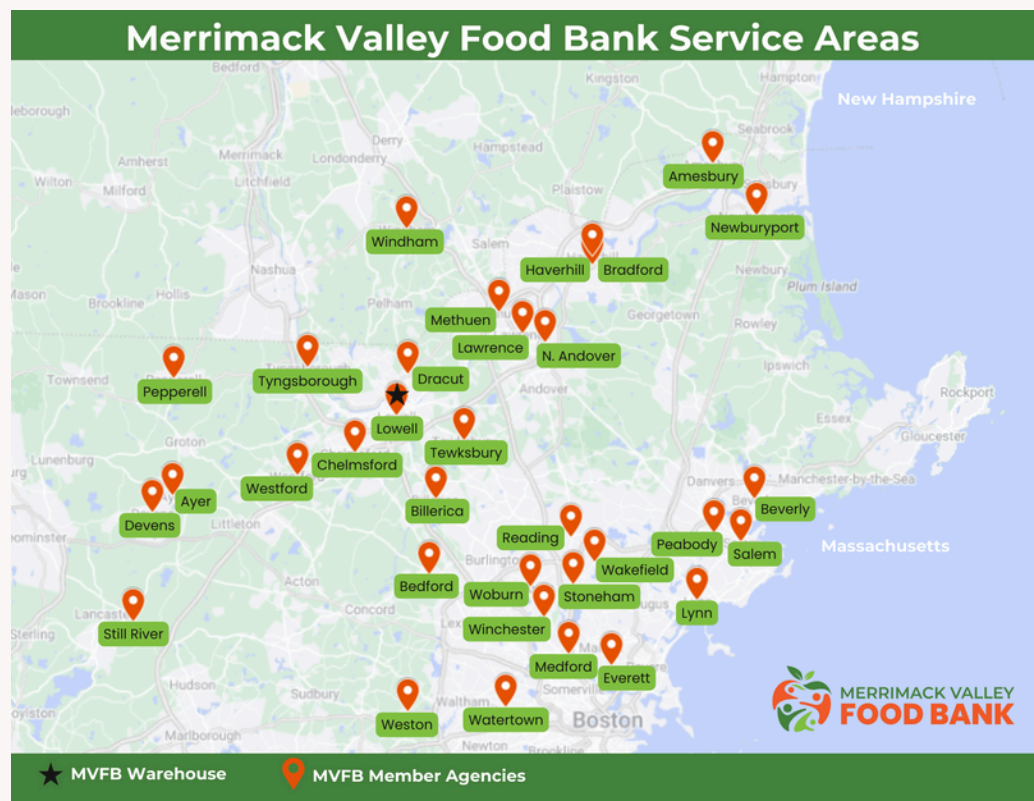
MVFB's Community Market

Chelmsford Senior Housing
 Francis Gatehouse Mill
 North Common Village
 South Common Village

MVFB's Summer Lunch

Caleb Group
 Eagle Park
 Greater Lowell Technical High School
 Highland Parkway
 LCHC Teen Block
 Lowell Youth Leadership Program
 McPherson Park
 North Common Village
 O'Donnell Splash Pad
 YES Learning (CBA)
 YWCA

**Partners List as of 6/30/2023.*



FY23 BY THE NUMBERS

Financial Information

At the time of this report, audited financial statements for FY 2023 are not yet available. This is unaudited data. Final audited numbers can be viewed in our Form 990 on our website when available.

Revenue	
Donated Goods & Services	\$5,201,884
Contributions	\$3,106,389
Special Events	\$206,353
Program Revenue	\$42,163
Other Income	\$23,181
TOTAL	\$8,579,969

*Includes value of food received from MEFAP, USDA and food donations

Expenses	
Program Services	\$5,369,968
General & Admin	\$1,662,770
Fundraising	\$46,807
TOTAL	\$7,079,545

*Includes value of food distributed

**Does not include any revenue or expense related to Tenant at 1703 Middlesex St



3,921,863

Pounds of Food Distributed



65,859

Average Number of Individuals Served Each Month



77,194

Number of People Served in May 2023 - Highest Number of the Fiscal Year



5,463

Volunteer Hours Contributed



106

Member Agencies (Food Pantries & Meals Programs) Served

You can fight food insecurity in 2024.



Make a recurring monthly gift in our [Stock the Shelves Club](#) to help ensure healthy food is available year-round.



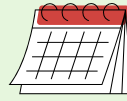
Donate food or host a food drive! To get started with a physical or virtual drive, check out the information on [our website](#).



Every \$2 donated can provide 3 meals! You can donate securely on our [website](#).



Volunteer to make home deliveries, fill bags of food, help with neighborhood food drives, and more! Start with our [volunteer application](#).



You or your company can [sponsor MVFB's events or programs](#) in 2024 - opportunities start at just \$100.



Attend or support MVFB's signature events - Big Night Out on June 6th and our Golf Tournament on September 9th. Stay tuned for details!



Consider making a gift to MVFB in your estate planning.



Follow MVFB on social media and help us spread the word about the fight against hunger and the many other ways you can be involved!



Thank you to our donors!

\$100,000 and Above

Cummings Foundation
Digital Federal Credit
Union

\$50,000 - \$99,999

Anonymous - Family
Foundation

\$25,000 - \$49,999

Essex County
Community
Foundation

\$10,000 - \$24,999

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