Annual Impact Report

July 1, 2020 - June 30, 2021

Merrimack Valley Food Bank, Inc.

Feeding Families Since 1991
Dear Supporters,

Last year the Merrimack Valley Food Bank celebrated 30 years of serving our neighbors and fed people in over 30 communities. We were able to do this with support from faith based, academic, and corporate partners, individuals, foundations, and YOU.

We like to use this analogy when talking about our impact: the food bank is a bank, and food is our currency: shelf stable food, refrigerated items like dairy, eggs, and produce, frozen protein and vegetables, and prepared foods are accessed by food pantries, shelters, meal programs, senior centers and schools. Those partner sites are like ATMs where individuals and families withdraw the food.

The nearly 5 million pounds of food we gave to our neighbors in FY2021 came from many sources:

MEFAP – the Massachusetts Emergency Food Assistance Program - provides nutritious food through all four Massachusetts food banks, to guests served at over 1,000 pantries across the Commonwealth. This includes shelf stable, refrigerated and frozen products. Over half of the MEFAP vendors are based in MA, along with the 30 farmers from whom we purchase this food.

We also receive food through a contract with the USDA - nutritious food by the case, which we pass along to our members. In addition, food companies donate overages and incorrect orders, supermarkets donate produce, commercial and fresh baked items, prepared food and deli items that they need to move off the shelves to make room for new stock. Additionally, via food drives and individual donations, our corporate, academic, faith based and community partners donate shelf stable food, pet food, and even produce from their gardens.

Our member agencies play an essential role in helping us get food to people who need it. Our members and other community partners provide not only food, but rental assistance, fuel assistance, health care and referrals, as well as a sympathetic ear and reassurance that help is available.

Like YOU, we believe that everyone deserves access to nutritious food – that is our commitment at the food bank and our partner agencies. Thank you for your generous support!

Amy L. Pessia
Executive Director

Jimmy Good
Board Chairman
**How We Fight Hunger: Our Programs**

**Food Distribution**

Food Distribution is MVFB’s primary program and provides nutritious fresh and shelf-stable food to over 100 member agency partners including food pantries, meal programs, shelters, and schools. MVFB’s partners are located in 30 communities, allowing people to access food right where they live and work.

**Mobile Pantry**

The Mobile Pantry is a home delivery program for homebound seniors and individuals with disabilities, providing personalized monthly food deliveries from a friendly volunteer. This year the program also provided deliveries to people who were quarantined due to positive COVID tests. An average of over 300 people received food monthly.

**Operation Nourish**

Operation Nourish provides nutritious food for students to enjoy when they are not receiving school meals - on weekends or vacations. We offer a combination of take-home bags, grab & go boxes, and in-school food pantries. The program continued operating on a smaller scale during the 2020-2021 school year due to COVID restrictions.
How We Fight Hunger: Our Programs

**Food Rescue**
Food Rescue collects perishable and prepared foods from three local supermarkets to distribute to our partners. The food may be "ugly" produce or overstocked items, but all items are fresh and safe to eat! They include produce, baked goods, sandwiches, and more. This year the program kept 49,665 pounds of food out of landfills.

**Community Market**
The Community Market is a seasonal free farmer's market offered at four Lowell Housing Authority properties. The location eliminates barriers to access. This year's market served 190 households per month and distributed more than 17,500 pounds of food during a market season shortened by COVID.

**Summer Lunch**
The Summer Lunch program partners with the USDA during July and August to provide lunches and snacks to youth participating in summer activities in Lowell. Participation was lower during Summer 2020 due to COVID, but the program still served 2,510 meals.
**OUR PARTNERS**

**MVFB Member Agencies**
- Beverly SDA Comm. Food Pantry
- Billerica Community Pantry
- Boys & Girls Club of Greater Lowell
- Bread & Roses
- Caleb Group – Chestnut Square
- Caleb Group - Sirk Building
- Caleb Group - Xavier House
- Calvary Kitchen
- Cambodian Mutual Assistance Association
- Casa Esperanza
- Catholic Charities
- Central Food Ministry
- Changing Lives Christian Church
- Chelmsford Community Exchange
- Christ Church United
- Christ Jubilee Food Pantry
- Coalition for a Better Acre
- Common Ground Café
- Community Action-Amesbury
- Community Action-Haverhill
- Community Christian Fellowship
- Council on Aging
- CTI - YouthBuild
- CTI - Youth Services (Mill You)
- Daybreak Shelter
- Dracut Food Pantry
- Dwelling House of Hope
- End 68 Hours of Hunger
- Evangelical Church of Holiness
- First Congregational Church - Stoneham
- Full Gospel Church
- Good Samaritan Baptist Church
- Grace Lutheran Food Pantry
- Great Commission Food Pantry
- Greater Lawrence Community Action Council
- Groundwork Lawrence
- Haitian Baptist Church
- Haverhill Clubhouse
- Hope Dove
- House of Hope
- House of Mercy
- Immaculate Conception - Newburyport
- Immaculate Conception - SVDP, Lowell
- International Veterans Care Services
- Key Program
- Lazarus House
- Leap 4 Education
- Leroy's Lodge
- Life Connection Center
- Lifelinks (Gilmore St.)
- Lifelinks (Overlook Terrace)
- Lifelinks (Pondview)
- Living Waters
- Liz Murphy Open Hand Pantry
- Lowell House Recovery Home
- Lowell House Sheehan
- Lowell House Tower Hill
- Lowell Transitional Living Center
- Matthew 2535
- Megan’s House
- Merrimack Valley YMCA
- Middlesex Comm. College - Bedford
- Middlesex Comm. College – Lowell
- Mobile Pantry (MVFB)
- Neighbors In Need
- New Beginnings
- New Hope Community Church
- North Shore Moving Market
- North Village Senior Housing, Chelmsford
- Northern Essex Community College
- Open Pantry
- Pathfinder-Bridgewell
- Pegasus
- Peoples Pantry
- Place of Promise
- Point After Club
- Pregnancy Care Center - Haverhill
- Pregnancy Care Center - Lowell
- Presidential Gardens
- Recovery Cafe (Lowell House)
- Renaissance Club
- Rescue Ministry
- Revival Church - Peabody
- Salvation Army - Lawrence
- Salvation Army - Newburyport
- Salvation Army-Lowell
- Shepherd’s Pantry
- Somebody Cares
- St. Basil’s - Pantry
- St. Benedict
- St. Charles - SVDP
- St. George Orthodox
- St. Marguerite Dracut - SVDP
- St. Mary Magdalen - SVDP
- St. Paul’s Soup Kitchen
- Tabernacle Evangelique
- Table of Plenty
- Tewksbury Community Pantry
- UMass Lowell
- Veterans NE Outreach
- Washington Street Baptist Church
- Water Source (Fuente de Agua)
- West Congregational Church
- Westford Food Pantry
- Women’s View
- You Forward (VinFen)

**MVFB’s Operation Nourish**
- Bartlett School
- Butler School
- Cardinal O’Connell Early Learning Center
- Collegiate Charter School of Lowell
- Daley School
- Greenhalge School
- Greater Lawrence Technical High School
- Greater Lowell Technical High School
- LeBlanc Therapeutic Day School
- Lincoln School
- Lowell High School
- McAuliffe School
- McAvinnue School
- Moody School
- Morey School
- Mukland School
- Pawtucket School
- Pyne School
- Robinson Middle School
- Rogers School
- Shaugnnessy School
- Stoklosa School
- Sullivan School
- Wang School
- Washington School

**MVFB’s Community Market**
- Francis Gatehouse Mill
- Highland Parkway
- North Common Village
- South Common Village

**MVFB’s Summer Lunch**
- Caleb Group
- Eagle Park
- McPherson Park
- North Canal Splash Pad
- O’Donnell Splash Pad
- YWCA

*Partners List as of 6/30/2021. New members added in FY 2022 are not listed here.*
**FY2021 BY THE NUMBERS**

- **4,762,011** Pounds of Food Distributed
- **65,243** Individuals Served Each Month (Average) With a Maximum of **83,968** in June 2021
- **156** Member agency programs and sites served

**FINANCIAL INFORMATION**

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Total</th>
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<tbody>
<tr>
<td>Donated Goods &amp; Services*</td>
<td>$4,638,717</td>
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<tr>
<td>Contributions</td>
<td>3,287,974</td>
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<td>Special Events</td>
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<td>Program Revenue</td>
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<tr>
<td>PPP Loan Forgiveness</td>
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<td>Other Income</td>
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<tr>
<td><strong>Total</strong></td>
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<table>
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<tr>
<th>Expenses</th>
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<tbody>
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<td>Program Services*</td>
<td>$5,892,787</td>
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<tr>
<td>General and Administrative</td>
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<tr>
<td>Fundraising</td>
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<tr>
<td><strong>Total</strong></td>
<td><strong>$6,200,883</strong></td>
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</tbody>
</table>

*Includes value of food distributed

More detailed financial information is available in our Form 990, which can be found on our website.

*Includes value of food received from USDA, MEFAP, and donations
While we hope the height of the pandemic is behind us, the need for emergency food and the number of people we are serving have not decreased significantly, and remain much higher than they were before the crisis began. As our neighbors recover both physically and financially from the effects of Covid-19, we anticipate the increased need for emergency food to continue indefinitely. There are a number of ways you can help us make sure nobody in our community has to go to bed hungry:

- Make a recurring monthly gift in our **Stock the Shelves Club** to help ensure healthy food is available year-round.
- Donate food or host a food drive! To get started with a physical or virtual drive, check out the information on our [website](#).
- Every $1 donated provides 3 meals! You can donate securely on our [website](#).
- Volunteer to make home deliveries, fill bags of food, help with neighborhood food drives, and more! Start with our [volunteer application](#).
- Join us for a Big Night Out at Lenzi’s on June 9, 2022! [Tickets and sponsorship opportunities](#) are available.
- Sponsor or participate in MVFB’s Golf Tournament on 9/12/22.
- Consider making a gift to MVFB in your estate planning.
- Follow MVFB on social media and help us spread the word about the fight against hunger and the many other ways you can be involved!
<table>
<thead>
<tr>
<th>Donor Category</th>
<th>Donors</th>
</tr>
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<tbody>
<tr>
<td>$100,000 and Above</td>
<td>Workers Credit Union, Digital Federal Credit Union, Greater Lowell Community Foundation</td>
</tr>
<tr>
<td>$50,000 - $99,999</td>
<td>Eastern Bank Foundation, Seth and Beth Kram, Theodore Edson Parker Foundation</td>
</tr>
<tr>
<td>$25,000 - $49,999</td>
<td>The Benevity Community Impact Fund, Fallon Community Health Plan, George H. &amp; Jane A. Mifflin Memorial Fund, Yawkey Foundation</td>
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</tbody>
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Lighthouse School
Felix J. Lin
Thomas & Marytherese Linehan
Gary Lippert
Robert and Susan Lippman
Mike List
Lesley Litman
Robert W. and Helen Quinlan Littlefield
Sam Litvin
Denise, Barry, Ryan & Brennan Lloyd
David Logvin
Paul Lohnes
Margaret & Norm Lombardi
Garry & Marcia Long
Julie Long
Maureen Long
Robert Longley Jr.
Edward Loomis
Bea Alice Loos
Mary Loosen
Marty Lolley
Elera Lovett
Jeremiah Lowin
Anna Luciano
Matthew Ludwino
Robert Ludwig
Katherine Lumbard
Patricia Lynch
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Lisa Macdonald
Scott Macdonald
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Phil Maguire
Stephen Mahoney
Aaron Mailhot
Frances Mailoux
Carole Makary
Susan Malloy
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Fran Martin
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Jackie Massie
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Gerald Matt
Paul Maue
Patricia Maurice
Brian and Carole Maxfield
Brian Maxwell
Thomas May
Joan M. Sulman & Robert K. Mayerson
Melissa Mayol
Deborah McBride
John McCafferty
Maryann & Fred McCall
Lisa McCarron
Brady McCarron
Brenda & Frank McCarthy
Lisa McCarthy
Richard E. & Ann H. McCarthy
Lynne McConchie
Jill M. McConnell
Colleen McCune
Kevin McCune
Carol McDermott
Joanna McDonough
Jason McFarland
Shawn McGoldrick
Lyndsay McGonigle
Nancy McGovern
Malcolm McGrory
Donna McHugh
Kate McHugh
McHugh Law
Joanna McInerney
Bonnie Molsac
Ellen MeKeough
Michael McLaughlin
Nancy & Ken McLaughlin
William & Janet McMahon
Louise McNally
Brian & Lynn McNamara
James McNamara
Matthew McNamara
Kirk McNell
Angela McReynolds
Alice McWilliams
James and Susan Meenagh
Jaya Mehta
Catherine Mello Alves
Jeffrey Melville
Rahdika Menon
Merriam School
James Milinazzo
Millennium Pharmaceuticals
Donald Miller
Harvey & Elizabeth Miller
Kathleen Miller
Robert Miller
Scott Miller
Elaine Mills
Christian Minor
Julia Mirras
Indranil Mitra
Nicholas Mitropoulos
Amanda Moisan
Stephen Moltisanti
Visiting Angels
Vicor
Veterans of Foreign Wars
Pamela Verrill
Angela Verge
Eliseo Veras
Wayne & Ann Velten
Vanasse Hangen Brustlin, Inc.
Christine van Roggen
Robert Van Houten
Anthony Valente
United Way Worldwide
United Way of
Robert and Jeanne Union
Elizabeth Twombly
Gail Turner
Edward Turcotte
Gail Turner
Elizabet Twombly
Robert and Jeannie Union
United Way of
Metropolitan Dallas Inc.
United Way Worldwide
C/O Frontstream
Anthony Valente
Robert Van Houten
Christine van Roggen
Vanasse Hangen Brustlin, Inc.
Wayne & Ann Velten
Eliseo Veras
Angela Verge
Pamela Verrill
Veterans of Foreign Wars
Vicor
Visiting Angels
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Patricia Vondal
Stephanie Wakeen
Scott Wallace
Caryl Walsh
Michael Walsh
Nancy Walsh
Dan Ward
Heather Ward
Becky Warren
Carolyn Webb
Stephen Webb
Christopher Weigand
Stephen Weinrich
Jeanne Weinstock
Gerri Weiss
Michael Weissmann
Eugene Welch
Janice Wells
Kerry Welton
Susan West
Caroline Wetzel
Lee Whitaker
William Whiting
Dana Whittie
Katie Whittie
Joanne Wicks
William and Laura
Wierzbicki
Joan Wilde
Ellen Royalty and David
Williams
Gerry Williams
Michael Williamson
Claire Wilson
Gail Wilson
Michael Wilson
Robin Wilson
Thomas Winberg
Franklin Wolf
Joe Wolf
Barbara Wolfinger
Keith Do and Hilda
Wong-Doo
Carleton Woodring
Nancy Wormwood
Anne Worth
Amy Wrigley
Paul Ratha Yem
Andrew Yip
Your Cause Corporate
Employee Giving
Programs
Your Cause, LLC -
Trustee for Robert Half
Cheryl Yu
Mary Elizabeth Zaim
James and Susan Zall
Andrew A. Rosenberg &
Marian Zelas
Desiree Zimmermann
Laurie Adamson
Christine Ahearn
Karen Ahearn
Kevin Ahern
Ijaz Ahmed
Paula Aiello
Douglas Allen
Laurie Allen
Diane Andersen
Deborah Anderson
Patricia Anderson
Emily Andrew
Erin Andrews
Fran Anniballi
Michael Antonelli
Ada Ao-Baslock
Leta Applegate
Jennifer Aradhyia
Joan Arcan
John and Karen Arigo
Evelyn Armstrong
Colleen Arrington
Alexa Asakiewicz
Fernanda Ashe
Lourdes Ashe
William & Patrice Augusta
Bonnie Auriemma
Rosemary Aylward
Amy Ayotte
Mark Babetski
Thomas and Carol Bacon
Mike & Bernadette Baird
Phillips and Maureen
Baird
Wendy Baird
Diane & Peter Baker
Joseph and Elaine Balas
Jennifer Bangs
Joan Barenseheer
Tammy Baril
Gary Barlow
Roberta Barnes
Beverly Barrett
Heather Barry
Battelle Always Giving
Mark Batts
William and Erin Bean
Matthew Beattie
Stephen Becker
Linda and Kevin Bedard
Sarah Bedard
Leigh Anne Bell
Mark Belleau
Kenneth and Carmen
Bellerose
Arlene Belleuve
Gus Bentivegna
Jean and Lois Berard
Roy Berger
Stephen & Donna
Bergeron
Maxa Berid
Blaire Bernard
Kenneth Berry
Michael Bestgen
Joel Bevis
Ujjwal Bhaskar
Uri Bin-Nun
Katrina Blaus
Frederick Block
Kerry Blomberg
Daniel E. Bloom
Maria Boisvert
Mike Bolduc
Robert Boley
William Borden
Boston Church of Christ -
Chelmsford
Ann & Brian Boucher
Janet Bowen
Brian & Dorothy Bowles
Brianna Boyce
Loetta Bradley
Craig Brandt
Timothy Brault
Arthur Bray
Daya Breckinridge
Patricia Dartley & Eleanna
Brennan
John Briand
Jill Briggs
Helen Broderick
William and Deborah
Brookings
Margo Brosnan
Anne Patrice Brown
Marcia Brown
Nicole Brown
Brenda Browne
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Klavdija Bukovec
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James Burns
Hilary Burrall
Regina Bushnell
Mark & Lesley Byrne
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Joseph Calderone
Stephanie Call
Jennifer Callahan
Amy Cameron
Paula Cameron
Charlene Campbell
Paul Campbell
Arthur Capuano
Paulette Renault
Caragianes
Jane Cardoso
Renee Carey-Schindler
Lilly Carignan
Kerry Carney
Marcia Carroll
Moira L. Carroll
Lanny and Margaret
Carson
Theresa Carson
Aimee, Joe & Stella
Caruso
Christina Caruso
Steven Caruso
Valerie G. Cashin
This list reflects financial donations made between 7/1/2020 and 6/30/2021, and does not include ticket purchases or event sponsorships. We receive many donations throughout the year that help us serve our mission. We strive to be as accurate as possible for our annual report and regret if any names have not been acknowledged. Thank you to all of our supporters on every level!
MVFB BOARD OF DIRECTORS

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Danielle McFadden (Vice Chair): Greater Lowell Chamber of Commerce
Dan Gillette (Treasurer): Rockland Trust
Amanda Clermont (Secretary): Greater Lowell Chamber of Commerce, Rise Social Relations
Peter J. Mullin (Legal Counsel): Law Office of Peter J. Mullin
George J. Anastas (Former Vice Chair): Lowell Regional Transit Authority
Ellen Andre: Retired Business Owner
Thomas “Doc” Daugherty: Eastern Bank
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Dave Pelchat: Independent Accounting Professional
Tara Sek: Lowell Five
Angela Strunk: Lowell General Hospital
Tony Wallace: T. Wallace Consulting

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Debbie Callery: Assistant Executive Director
Joanne Adamson: Bookkeeper
Brandon Crocker: Warehouse Assistant
Ashley Doe: Administrative Assistant
Tammie Dubois: Warehouse Manager
Irene Egan: Grant Writer

Roberta Emerson: Program Director
Deb Filippone: Program Assistant
Nancy Goss: Member Services Coordinator
Karen Lachapelle: Program Assistant
Danielle Landry: Warehouse Assistant
Kelly Proulx: Development & Communications Coordinator
Kiara Velazquez: Warehouse Assistant

CONTACT US

Mailing Address:
P.O. Box 8638
Lowell, MA 01853
Website: www.mvfb.org

Street Address:
733-735 Broadway Street
Lowell, MA 01854
Phone: (978) 454-7272

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