



Merrimack Valley  
Food Bank, Inc.  
Feeding Families  
Since 1991

HELP US FILL DINNER TABLES EVERYDAY OF THE YEAR!

# Gobble UP Hunger 365

## HOST A FOOD DRIVE

### THANKSGIVING FIXINGS

**BAKING MIX/INGREDIENTS**

**BOXED POTATOES**

**CANNED VEGETABLES**

**COFFEE & TEA**

**CRANBERRY SAUCE**

**GRAVY**

**JELLO & PUDDING**

**PUMPKIN & SQUASH**

**SEASONINGS**

**STUFFING**

### ALL THE DAYS IN-BETWEEN

**CEREAL & OATMEAL**

**COFFEE & TEA**

**FLOUR & SUGAR**

**FRUIT & VEGGIES**

**PASTA, POTATOES, RICE**

**PEANUT BUTTER & JELLY**

**RAVIOLI & SPAGHETTI O'S**

**SOUPS & STEWS**

**TUNA, CHICKEN, HAM**

**TOMATO & PASTA SAUCE**

**WE ALSO ACCEPT FRESH & FROZEN TURKEYS  
& SUPERMARKET GIFT CARDS**

**A \$1 DONATION = 1 MEAL**

VISIT OUR WEBSITE AT [WWW.MVFB.ORG](http://WWW.MVFB.ORG) FOR MORE INFORMATION ON HOW TO HELP