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| **Pantries** | **Monday** | **Tuesday** | | **Wednesday** | | **Thursday** | | **Friday** | | **Saturday** | |
| **Billerica Community Food Pantry**  11 Concord Rd. Billerica, MA  **978-357-7560** *(Register by Phone)* | 5-7 PM  2nd & 4th of Month | 9-Noon  2nd & 4th of Month | | 1-4:30 PM  2nd & 4th of Month | |  | |  | | 9-Noon  2nd of Month | |
| **Catholic Charities of Merrimack Valley**  70 Lawrence St. Lowell, MA  **978-454-9946** | 1-3:30 PM | 1-3:30 PM | | 1-3:30 PM | | 1-3:30 PM | |  | |  | |
| **CBA Food Pantry**  450 Merrimack St. Lowell, MA  **978-483-9082** *(& By Appt.)* |  | 9-5 | | 9-Noon | |  | |  | |  | |
| **Central Food Ministry**  370 W. Sixth St. Lowell, MA  **978-454-7445** |  | 10-1 | | 10-1 | | 10-1  7-8 | |  | |  | |
| **Chelmsford Community Exchange**  50 Rear Billerica Rd. Chelmsford, MA  **Chelmsfordfoodpantry.org** |  |  | | 5-8 PM | | 2-4 PM | | 6:30-8 PM | |  | |
| **Christ Jubilee Food Pantry**  101 Smith St. Lowell, MA  **978-452-9976** *(Call Ahead)* |  |  | |  | |  | | Noon-1 | |  | |
| **Community Christian Fellowship**  105 Princeton Blvd. Lowell, MA  **978-934-9414 x117** *(Call Ahead)* | ***TEMPORARILY CLOSED*** | | | | | | | | | | |
| **Dracut Food Pantry**  1934 Lakeview Ave. Dracut, MA  **978-957-8600** |  |  | |  | |  | |  | | 9-11 AM  4th of Month | |
| **Dwelling House of Hope**  125 Mt. Hope St. Lowell, MA  **1-866-674-9988** |  |  | |  | | *Call for Appt.* | |  | | 9-11:30 AM | |
| **NFI Family Resource Center**  27 Prescott St. Lowell, MA  **978-455-0701** *(Call Ahead)* | 10-2 | 1-5 PM | |  | |  | | 10-2 | |  | |
| **Hope Dove**  117 Perry St. Lowell, MA  **978-455-2285** |  |  | |  | | 11-1 | |  | | 9:30-12:30 | |
| **Lowell Senior Center** *(Age 60+ Only)*  276 Broadway St. Lowell, MA  **978-674-4131** |  | 10-2  4th of Month | |  | |  | |  | |  | |
| **Open Pantry Greater Lowell**  13 Hurd St. Lowell, MA  **978-453-6693** | 8:30-11:45 AM | 8:30-11:45 AM | | 8:30-11:45 AM | | 8:30-11:45 AM | |  | |  | |
| **Salvation Army**  150 Appleton St. Lowell, MA  **978-458-3396 – *Please call first*** | 9-11 AM |  | | 9-11 AM  3-6 PM | |  | | 9-11 AM | |  | |
| **Tewksbury Community Food Pantry**  999 Whipple Rd. Tewksbury, MA  **978-858-2273**/tewksburypantry.org | 7-8 PM |  | |  | |  | |  | | **Sat.**  10-11 | **Sun.**  9-11 |
| **Westford Food Pantry**  20 Pleasant St. Westford, MA  **978-692-5523**/westfordfoodpantry.org | **Call or Check Website for Hours** | |  | | 6-8 PM |  | 9-11 AM | |  | | |

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| **Meals Programs** | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** |
| **Community Servings**  18 Marbury Terrace, Jamaica Plain  **617-522-7777** | **For Lawrence & Lowell residents with acute life threatening illnesses** | | | | | |
| **Life Connection Center**  192 Appleton St. Lowell, MA  **978-997-0588** | **Hot Meals for Middlesex County Adults**  **Mondays, Tuesdays and Wednesdays 12-2 PM** | | | | | |
| **Living Waters**  10 Kirk St. Lowell, MA  **978-323-4673** | **Check website for days and hours.**  [**https://www.livingwaterslowell.org/services/**](https://www.livingwaterslowell.org/services/) | | | | | |
| **Lowell Senior Center (Age 60+ only)**  276 Broadway St. Lowell, MA  **978-970-4131** | 7-8 Breakfast  11-11:30 Lunch | 7-8 Breakfast  11-11:30 Lunch | 7-8 Breakfast  11-11:30 Lunch | 7-8 Breakfast  11-11:30 Lunch | 7-8 Breakfast  11-11:30 Lunch | 7-8 Breakfast  11-11:30 Lunch  **Sundays too!** |
| **Meals on Wheels**  Elder Services of MV  **800-892-0890** | **Operates Monday-Friday with frozen meals available on the weekend!**  **For homebound residents aged 60+ / Must apply!** | | | | | |
| **St. Paul’s Kitchen**  273 Summer St. Lowell, MA | **Hot Meals served Monday through Friday – 5-5:45 PM** | | | | | |
| **Salvation Army Community Table**  150 Appleton St. Lowell, MA  **978-458-3396** |  | Seniors 8:30-10:30  All Welcome 11:30 |  | Seniors 8:30-10:30  All Welcome 11:30 |  | All Welcome 1:00  **Sundays All Welcome 4:30** |
| **Table of Plenty**  50 Billerica Rd. Chelmsford, MA  Town gym behind office / **978-710-8328** |  | Hot Meals  5-6 PM |  |  |  |  |

**Project Bread Food Source Hotline 1-800-645-8333 or Dial 211 for a listing of Emergency Services**

**PLEASE BE SURE TO CALL PRIOR TO GOING!**