



MERRIMACK VALLEY
FOOD BANK

Most Needed Items

Peanut Butter & Jelly
Macaroni & Cheese
Cereal & Oatmeal
Pasta & Rice
Taco Meals
Tomato & Pasta Sauce
Beans & Baked Beans
Fruit & Vegetables
Coffee & Tea
Baked Goods & Flour
Seasonings & Spices

Soups, Stews & Chili
Ravioli & Spaghetti O's
Tuna & Chicken
Healthy Snacks
Juice Boxes
Bottled Juice
Shelf Stable Milk
Condiments & Dressing
Marinades
Cooking Oil
Sugar & Sweetener

Supermarket gift cards

All items should be shelf stable - plastic or cans
NO GLASS PLEASE

Due to health & safety regulations we are unable to accept homemade canned foods. Packaging must contain ingredients & nutrition info. Please be sure to check the packaging and expiration/best by dates on items prior to donating them

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