

Food Pantry & Meal Programs	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Andover							
Neighbors In Need at the Andover Senior Center 30 Whittier Court					Pantry 4:00-5:00		
Ayer							
New Hope Community Church 139 Sandy Pond Road 978-772-1755							Pantry 2nd & 4th Saturday
Stone Soup Kitchen 21 Washington Street, Suite C						Meal 4:00-6:00	Pantry 10:00-12:00
Chelmsford							
Chelmsford Community Exchange 50 Rear Billerica Road				Pantry 5:00-8:00	Pantry 2:00-4:00	Pantry 6:30-8:00	
Table of Plenty 50 Billerica Road 978-710-8328			Meal 5:00-6:00				
Dracut							
Dracut Food Pantry 1934 Lakeview Ave 978-957-8600		6:00-7:00pm following the 4th Saturday					Pantry 9:00-11:00 4th Saturday
Everett							
Lovers of God Worship Center 7 Clinton Street 857-250-6322	Pantry 6:00pm -11pm					Pantry 9:00am-4:00pm	Pantry 12:45 - 2:00pm
Haverhill							
Changing Lives Christian Church 17 Newcomb Street 978-273-5100	Pantry 9:00-10:00						
Common Ground Ministries 194 Winter Street 978-372-3336	Pantry & Meals 6:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 10:00am - 5:00pm	Pantry & Meals 7:00am - 5:00pm
Community Action - Meals 16 Ashland Street 978-241-9621		Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	Drop in Center 8:00-12:00	

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Haverhill							
Liz Murphy Open Hand Pantry 16 Ashland Street 978-372-0260			Pantry 4:00-7:00				
Rehoboth Helping Hands 409 Washington Street 978-372-6611							9:30 - Noon last Saturday of month
Somebody Cares 358 Washington Street 978-912-7626					10-11 elderly & disabled, 11-2:30 all others Last of month		
Veteran's Northeast Outreach 65 Cedar Street 978-372-3626					Pantry 10am - 2pm		
West Congregational Church 767 Broadway Street 978-373-3034				Pantry 5:30-7:30			
Lawrence							
Bread & Roses 58 Newbury Street 978-681-8768		Pantry 10:30-2:00 Dinner 4:00-6:00	Pantry 10:30-2:00 Dinner 4:00-6:00	Pantry 10:30-2:00 Dinner 4:00-6:00	Pantry 10:30-2:00 Dinner 4:00-6:00		
CC Camino de la Salvacion Pantry 454 Essex Street 978-328-9019							9:00-12:00 2nd & 4th Saturday of month
Clear Path for Veterans 130 Parker Street, Unit 30 978-965-5743 PLEASE CALL AHEAD		Pantry 8:00-4:00	Pantry 8:00- 4:00	Pantry 8:00-4:00	Pantry 8:00- 4:00	Pantry 8:00-4:00	
Cor Unum Meal Center 118 S. Broadway 978-688-8900	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30	Breakfast 6:00-8:00 Dinner 4:30-6:30
Food for the World 516 Essex Street 978-683-9949				Pantry 9:00-11:00			
Food for the World 35 Common Street 978-683-9949						Pantry 1:00-3:00	

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Lawrence							
Food for the World 8 North Street 978-683-9949							Pantry 10:00-Noon Except 1st Sat of Month
House of Mercy 85 Baystate Road 978- 655-8141		Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	
Lawrence Hispanic SDA 54 Salem Street 978-975-2099					Pantry 5:00pm		
Lazarus House Good Shepherd Soup Kitchen 412 Hampshire Street 978-689-8575	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00	Breakfast 8:30-9:30 Lunch 11:30-1:00
Lazarus House Pantry 242 Hampshire Street 978-689-8575				Pantry 9:00-2:00			
Living Waters Shelter 102 Oxford Street 603-475-6119	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00	Pantry & Meals 9:00-6:00
Merrimack Valley YMCA 40 Lawrence Street 978-686-6191	Offers a mobile pantry at multiple sites in Lawrence and Methuen. Call for times and locations.						
Neighbors In Need Multiple Locations Listed 978-685-8321							
Neighbors In Need at Boys & Girls Club 136 Water Street					Pantry 9:00-10:30		
Neighbors in Need at Iglesia Adventista Del Septimo Dia Jerusalem 198 S. Broadway			Pantry 9:00-10:30				
Neighbors In Need at Ministerio Apostolico Jesucristo es el Senor 96 E. Haverhill Street						Pantry 9:00-10:30	

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Lawrence							
Salvation Army - Lawrence 250 Haverhill Street 978-682-8038				Pantry 9:00-10:30	Pantry 9:00-10:30		
St. George Orthodox Church 8 Lowell Street 978-685-4052	Two Pantries per month	Please see schedule on door of church or visit www.stgeorgelawrence.org					
Water Source 93 Essex Street 978-590-0361				Pantry 10:00-12:00			
You Forward 15 Union Street 978-290-8825		Provides multiple services to people aged 16 to 26. Please call to find out more.					
Lowell							
Catholic Charities Food Pantry 70 Lawrence Street 978-454-9946		Pantry 1:00-3:30	Pantry 1:00-3:30	Pantry 1:00-3:30	Pantry 1:00-3:30		
Central Food Ministry 370 West Sixth Street 978-453-4920			Pantry 10:00-1:00	Pantry 10:00-1:00	Pantry 10:00-1:00 7:00-8:00		
CBA Food Pantry 517 Moody Street 978-452-7523			Pantry 9:00-5:00 Call for Appt	Pantry 9:00-12:00 Call for Appt			
Christ Church Jubilee Pantry 101 Smith Street 978-452-9976							Pantry 12:00-1:00 Call Ahead
Eliot Day Center 273 Summer Street 978-275-5638		Meal 10:30-2:30	Meal 10:30-2:30	Meal 10:30-2:30	Meal 10:30-2:30	Meal 10:30-2:30	
Hope Dove 10 Kirk Street 978 364-0118					Pantry 11:00-1:00		Pantry 11:00-1:00
Lowell Senior Center 276 Broadway Street 978-674-4131	Meal - Age 60+ 7:00-Noon	Meal -Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30

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Lowell							
NFI Family Resource Center 27 Prescott Street 978-455-0701						9:00 - 5:00 every other Friday	
Open Pantry of Lowell 13 Hurd Street 978-453-6693		Pantry 8:30-11:45	Pantry 8:30-11:45	Pantry 8:30-11:45	Pantry 8:30-11:45		
Salvation Army 150 Appleton Street 978-806-4649	Meal 4:30-5:00	Pantry 9:00-11:00	Seniors Meal 8:30-10:00 All Welcome 11:30-12:00	Pantry 9:00-11:00	Seniors Meal 8:30-10:00 All Welcome 11:30-12:00	Pantry 9:00-11:00	Meal 1:00
St. Paul's Soup Kitchen 273 Summer Street 978-764-1706		Pantry 4:15-5:30 Dinner 2:30-5:45	Dinner/Drop-In 2:30-5:45	Dinner/Drop-In 2:30-5:45	Dinner/Drop-In 2:30-5:45	Dinner/Drop-In 2:30-5:45	
Lynn							
Tabernacle Evangelique Pantry 7 Park Street 617-293-8116							Noon - 2:00pm every other Saturday
Washington Street Baptist Church 256 Washington Street 781-595-2550							8:30am-10:30 last Saturday of the month
Medford							
Evangelical Church of the Holiness 55 Otis Street 857-266-5345	Pantry 3:00-5:00						Pantry 3:00-5:00
Good Samaritan Baptist Food Pantry 407 R Mystic Avenue (781) 223-3495 CALL AHEAD							
Methuen							
Christian Church Voice of Salvation 15 Lowell Boulevard 978-397-5768							Pantry 10:00-1:00
Grieving Families at St. Andrews 90 Broadway Street 978-983-1022			Pantry 10:30 - 1:00				

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Newburyport							
Neighbors In Need at First Church 26 Pleasant Street			Pantry 5:30-6:30				
Neighbors in Need at Neil Playstead 188 Lawrence Street				Pantry 9:00-10:30			
Breaking Bread Immaculate Conception 42 Green Street 978-835-1109			Meal/Grab & Go 4:30-6:00				
Saint Basils 7 Harris Street (978) 465-5757		Dining Room or Grab & Go 11:30- 12:30					
Salvation Army Newburyport 40 Water Street 978-465-0883				Café 11:00 AM	Café 5:00 PM		
North Andover							
People's Pantry 190 Academy Road 978-687-7948			7:00-10:30 2nd & 4th Tuesday of month				
Peabody							
Revival Church Food Pantry 246 Newbury Street 857-236-5099					Pantry 7:00-8:30pm		
Activation Church 200 Corporate Place 781-964-7247					Pantry 7:00-8:00pm		
Stoneham							
First Church Stoneham Pantry 1 Church Street 781-438-0097 Option 1					Pantry 9:30-12:30 by appointment		

Tewksbury							
Tewksbury Food Pantry 999 Whipple Road 978-858-2273	Pantry 9:00-11:00 2nd Sunday	Pantry 7:00-8:00					Pantry 10:00-11:00
Tyngsboro							
St. Mary Magdalen Food Pantry 93 Lakeview Avenue 978-844-2365				2nd Wednesday of each month			
Food Pantry & Meal Programs	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Westford							
Westford Food Pantry 20 Pleasant Street 978-501-3042				Pantry 5:00-7:30		Pantry 8:30-11:00	
Woburn							
St. Charles SVDP Pantry 5 Summer Street 339-203-5073			Pantry 9:00-12:00		Pantry 6:00		
Winchester							
En Ka Pantry 1037 Main Street	Pantry by appointment only. Call 781-369-5844 or email enkapantry@gmail.com						
Additional Food Resources							
Community Servings 617-522-7777	Medically tailored meals - delivered to individuals and families living with a critical or Chronic Illness.						
Dial 211 - For Emergency Services	Dialing 211 connects you to a free, confidential service available 24/7 that helps you find local or state resources and services tailored to your needs. You can speak to a trained specialist who can assist with various issues, including help with paying bills, finding food, and access to community resources						
Project Bread Food Source Hotline 1-800-645-8333 (chat or text)	Find hot meal programs and pantries in your area. Free meals for kids through Summer Eats or School Meals. Counselors can assist callers in 180 languages. All calls are confidential.						
Meals on Wheels Agespan - 800-892-0890	The program provides adults 60 and older and qualified individuals with disabilities with a hot meal delivered to their door, five days a week. Frozen meals are provided for weekends and holidays.						
Please contact the pantry or meals program prior to visiting to see if they have any requirements for you to receive food, to confirm hours, or make an appointment if necessary.							