

Food Pantry & Meal Programs	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lowell							
Hope Dove 10 Kirk Street 978 364-0118					Pantry 10:30-12:00		Pantry 10:30-12:00
Lowell Senior Center 276 Broadway Street 978-674-4131	Meal - Age 60+ 7:00-Noon	Meal -Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30	Meal - Age 60+ 10:30-2:30
NFI Family Resource Center 27 Prescott Street 978-455-0701		Pantry 10:00-1:00	Pantry 1:00-5:00			Pantry 10:00-2:00	
Open Pantry of Greater Lowell 585 Middlesex Street Out of the Truck			Pantry 10:00-Noon		Pantry 10:00-Noon		
Project Kompass Community Ctr. 192 Appleton Street 978-710-4225		Pantry 1:00 - 3:30		Pantry 1:00 - 3:30		Pantry 1:00 - 3:30	
Salvation Army Community Table 150 Appleton Street 978-806- 4649	Meal 4:30-5:00		Seniors Meal 8:30-10:00 All Welcome 11:30-12:00		Seniors Meal 8:30-10:00 All Welcome 11:30-12:00		Meal 1:00
Salvation Army Pantry 150 Appleton Street 978-806-4649		9:00 - 11:00		9:00 - 11:00 & 3:00 - 6:00pm		9:00 - 11:00	
St. Paul's Soup Kitchen 273 Summer Street 978-764-1706		Dinner 4:45 - 5:45	Pantry 4:15-5:30 Dinner 4:45 -5:45	Dinner 4:45 - 5:45	Dinner 4:45 - 5:45	Dinner 4:45 - 5:45	
Tewksbury							
Tewksbury Food Pantry 999 Whipple Road 978-858-2273	Pantry 9:00-11:00 2nd Sunday	Pantry 7:00-8:00					Pantry 10:00-11:00
Tyngsboro							
St. Mary Magdalen Food Pantry 93 Lakeview Avenue 978-844-2365				2nd Wednesday of each month			
Westford							
Westford Food Pantry 20 Pleasant Street 978-501-3042				Pantry 5:00-7:30		Pantry 8:30-11:00	

Additional Food Resources

Community Servings

617-522-7777

Medically tailored meals - delivered to individuals and families living with a critical or Chronic Illness.

Dial 211 - For Emergency Services

Dialing 211 connects you to a free, confidential service available 24/7 that helps you find local or state resources and services tailored to your needs. You can speak to a trained specialist who can assist with various issues, including help with paying bills, finding food, and access to community resources

Project Bread Food Source Hotline

1-800-645-8333 (chat or text)

Find hot meal programs and pantries in your area. Free meals for kids through Summer Eats or School Meals. Counselors can assist callers in 180 languages. All calls are confidential.

Meals on Wheels

Agespan - 800-892-0890

The program provides adults 60 and older and qualified individuals with disabilities with a hot meal delivered to their door, five days a week. Frozen meals are provided for weekends and holidays.

Please contact the pantry or meals program prior to visiting to see if they have any requirements for you to receive food, to confirm hours, or make an appointment if necessary.